



Learn

SOMETHING NEW WITH
WESTERN SUFFOLK BOCES



**ADULT EDUCATION
COURSE CATALOG
FALL 2023**

Explore

CHECK OUT THE CLASSES
LISTED IN THIS CATALOG
AND CHOOSE THE ONES
YOU WANT TO ATTEND

Register

SCAN THE CODE BELOW OR GO
TO REGISTER.WILSONTECH.ORG



OR CALL
631-667-6000 X320

Enjoy

ASK A FRIEND TO JOIN YOU!

PLEASE NOTE:

Courses are open to adults 18 years and older.
You are officially enrolled as soon as your payment is confirmed
by Western Suffolk BOCES, either in person, over the phone or
online and you receive a confirmation.

FALL 2023 ADULT EDUCATION CALENDAR

Most classes begin the week of September 11.
Check your specific program for start and class dates.

NO ADULT EDUCATION CLASSES
ON THE FOLLOWING DATES:

SEPT. 25	NOV. 10	DEC. 18-29
OCT. 9-10	NOV. 14	JAN. 1
OCT. 31	NOV. 22-24	JAN. 15
NOV. 7	NOV. 30	FEB. 12-23

School Closings Due to Weather: Adult classes will NOT be held
when classes at Wilson Tech and Western Suffolk BOCES are closed
due to weather or other emergencies. These announcements
will be posted to the following:
wilsontech.org - wsbores.org - Newsday.com - News12 Long Island
Or call 631-667-6000 ext. 888

ALL CLASSES HELD AT WILSON TECH DIX HILLS (UNLESS OTHERWISE INDICATED)

17 WESTMINSTER AVENUE
DIX HILLS, NY 11746

HOW TO REACH US:
631-667-6000 X320

Email: adulted@wsbores.org
Visit: register.wilsontech.org

NON-DISCRIMINATION NOTICE

The Board of Cooperative Educational Services of Western Suffolk County, New York does not discriminate or permit discrimination in admission or access to its educational programs or activities or in recruitment or employment on the basis of an individual's race, color, national origin, ethnic origin, disability, age, sex or gender (including sexual orientation, gender identity, gender expression, pregnancy and parental status) and BOCES is prohibited by law, including by Title IX of the Education Amendments of 1972 ("Title IX") and 34 C.F.R. Part 106, from doing so. BOCES provides equal access to the Boy Scouts and other designated youth groups. Those intending to file a grievance with BOCES due to alleged discrimination must follow the procedure in the relevant Board policy, which are available at: <https://www.wsbores.org/policies>. Inquiries concerning BOCES' non-discrimination policies, including Title IX inquiries, may be directed to: BOCES' Title IX Coordinator and Section 504 Coordinator, Dr. Hugh Gigante, who may be contacted at 507 Deer Park Rd., PO Box 8007, Huntington Station, NY 11746-9007; or (631)-549-4900, ext. 204; or by email at hgigante@wsbores.org. Inquiries may also be directed to: U.S. Department of Education, Office for Civil Rights (New York Office), 32 Old Slip, 26th Floor, New York, NY 10005-2500; or by phone 646-428-3900; or by fax 646-428-3843; or TDD 800-877-8339; or by email OCR.NewYork@ed.gov; or file form at <http://www2.ed.gov/about/offices/list/ocr/complaintintro.html>.



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CONSTRUCTION & RELATED TRADES



BLUEPRINT READING

Course emphasizes commercial construction and includes discussions on scale, dimensioning, topography, two- and three-dimensional drawings, construction materials, cost estimating and building science basics. Lessons discuss construction drawing organization and the differences between site, architectural, structural, mechanical and electrical drawings as they relate to the complete building. Textbook additional.

24FCN101A \$575 TU/TH 9/12/23-10/24/23 DH-C/18 6:30-10PM 42 hrs 12 sessions



CARPENTRY SKILLS – BASIC

Learn through hands-on experience how to do basic carpentry including using hand and power tools, and become familiar with carpentry terminology. All carpentry enthusiasts are encouraged to enroll. Safety glasses, ear protection and suitable shoes are required.

24FCN102A \$359 M 9/11/23-11/27/23 DH-D/Carp 6:30-9:30PM 30 hrs 10 sessions

HOME REMODELING

Learn basic residential construction and remodeling with emphasis on wall construction, framing, door and window installation, molding installations, drywall and taping, metal framing, stairs, rafters, and roofing.

24FCN114A \$515 W 9/13/23-12/6/23 DH-D/Carp 6-9:30PM 42 hrs 12 sessions

OIL BURNER SERVICE I

Learn to install, troubleshoot, repair and service oil burners and tanks including fuel piping. Study basic electricity of oil heating, schematic and wiring diagrams, and the test instruments to diagnose and repair residential burners. Lecture/hands on. Textbook additional: wilsontech.org/bookstore.

24FHC103A \$625 TU 9/12/23-1/9/2024 DH-D/Plumb 6:30-10PM 42 hrs 12 sessions

REFUND POLICY

Refund Policy for Part-time Programs

1. If we cancel a course, all your fees are totally refunded.
2. If you cannot attend a class that has been rescheduled to a time or place other than advertised, you are entitled to a full refund.
3. If you withdraw from a class before the first scheduled class meeting, a full tuition refund, less a withdrawal fee of \$25, will be made after the withdrawal* is requested in writing.
4. If you withdraw after the first scheduled class meeting but before the second class meeting, one-half of the tuition, less a withdrawal fee

of \$25, will be refunded after withdrawal* is requested in writing.

NOTE: No refunds for any dance or fitness class after the first class begins.

5. All extra costs, such as books or equipment that were not included in tuition price, are not subject to refund.
6. We are unable to provide refunds for requests received after the second scheduled class meeting. Waivers may be granted only under extenuating circumstances which must be detailed in writing within five days of your last day of attendance. If a waiver is granted, it must be used within one calendar year.

Decisions to grant waivers are the prerogative of the WS BOCES administrator whose decision is final.

7. Any overpayment accepted will be totally refunded.

8. There is a \$25 fee for all returned checks.

9. Payments made with a credit card will receive refund credit on their credit card, however, any refund made after 120 days will be issued by WS BOCES check regardless of how tuition was paid.

NOTE: Every effort is made to provide a timely refund. Processing of refunds may take 45 days after your first scheduled day of class. Refunds will be issued by WSBOCES

check or returned to the credit card used for purchase, if applicable. Our programs are supported entirely by student tuitions. No discounts can be provided. No cash payments will be accepted and no refunds will be made in cash.

**The date of withdrawal is the date/time your request is received at WS BOCES.*

To review all Western Suffolk BOCES policies, visit wsboces.org/policies.

CONSTRUCTION & RELATED TRADES

WELDING

COMPREHENSIVE WELDING-BASIC

If you've never welded before and are interested in this field, this comprehensive class is the perfect place to start! Become familiar through hands-on experience with Arc, Tig, Mig, Oxy Fuel, and plasma cutting, guided by master instructors. This class is for a true beginner who has not welded before. *You must bring a welding helmet, jacket and proper footwear for the first class.* Complete list online at wilsontech.org/supplies

24FWEL111A \$505 TU 9/12-10/24/23 DH-C/WELD 6:30-10PM
21 hrs 6 sessions

24FWEL111B \$505 M 10/30/23-12/4/23 DH-C/WELD 6:30-10PM
21 hrs 6 sessions

ELECTRICAL ARC WELDING I

Learn the practical application of weldments in various positions, theories of electricity, welding circuits, current controls, and types of electrodes. You must bring a welding helmet, jacket and proper footwear for the first class. Complete list online at wilsontech.org/supplies. *Prerequisite: Comprehensive Welding Basic*

24FWEL101A \$975 W/TH 9/13/23-10/19/23 DH-C/Weld 6:30-10PM
42 hrs 12 sessions

ELECTRICAL ARC WELDING II

A continuation of Electrical Arc Welding I. You must bring a welding helmet, jacket and proper footwear for the first class. Complete list online at wilsontech.org/supplies. This class fills up quickly - register early to ensure a seat in this class. *Prerequisite: Electrical Arc Welding I*
24FWEL102A \$975 W/TH 10/25/23-12/13/23 DH-C/Weld 6:30-10PM 42 hrs 12 sessions



HELIARC (TIG) I

Learn theory and practical applications of heliarc welding and positions and properties of metals. You must bring a welding helmet, jacket and proper footwear for the first class. Complete list online at wilsontech.org/supplies. *Prerequisite: Comprehensive Welding Basic*
24FWEL108A \$975 W/TH 9/13/23-10/19/23 DH-C/Weld 6:30-10PM 42 hrs 12 sessions

HELIARC (TIG) II

Continue where Tig I left off. Establish an electric arc and properly deposit tack welds using GTAW process. Demonstrate an ability to weld a root pass with the proper melt through on inside of pipe using GTAW process. Practice all of these methods on 2G, 5G, and 6G positions. You must bring a welding helmet, jacket and proper footwear for the first class. Complete list online at wilsontech.org/supplies. *Prerequisite: Heliarc (TIG 1)*
24FWEL109A \$975 W/TH 10/25/23-12/13/23 DH-C/Weld 6:30-10PM 42 hrs 12 sessions

REFRIGERATION/ AIR CONDITIONING I

Study basic refrigeration cycle, heat energy, system components, an introduction to basic electricity, schematic diagrams, and use of test instruments. Textbook and workbook additional: wilsontech.org/bookstore
24FHVC105A \$779 M 9/11/23-12/11/23 DH-D/HVAC 6:30-10PM 42hrs
12 sessions

REFRIGERANT TRANSITION AND RECOVERY CERTIFICATION REVIEW AND EXAM

Includes six-hour review course and admission fee to the three-hour RTRC exam. Review basic concepts in refrigerant chemistry and oils and their applications, as well as ozone depletion, the Montreal Protocol, relevant legislation and regulations, recovery recycling and reclamation, storage, handling and transporting refrigerants.
24FHVC108A \$335 W 1/3/2024-1/17/2024 DH-D/HVAC 6-9PM 9 hrs 3 sessions

REFRIGERANT TRANSITION AND RECOVERY CERTIFICATION EXAM ONLY

24FHVC109A \$139 W 1/17/2024 DH-D/HVAC 6-9PM 3 hrs 1 session



PLUMBING I - INTRODUCTION

You'll learn the proper use of common plumbing tools, equipment, plumbing theory, terminology, and how to do small repairs. Textbook additional: wilsontech.org/bookstore.
24FPLU105A \$545 TH 9/14/23-12/14/23 DH-D/Plumb 6:30-10PM 42 hrs
12 sessions

CONSTRUCTION & RELATED TRADES



ELECTRICAL INSTALLATION I

Learn basic electrical theory, use of hand tools, materials, proper installation of switches, receptacles and lighting fixtures, special purpose receptacles and applications needed to apply for an entry-level electrical helper and/or apprentice job. Combination lecture/shop class. Most classes are 30-40-minute lessons followed by hands-on shop work. Students must purchase hand tools from list provided on the first night of class, (approx. \$100). Textbook additional: wilsontech.org/bookstore.

24FELE112A \$839 W 9/13/23-1/10/2024 DH-D/5
6:30-10PM 52 hrs 15 sessions

ELECTRICAL MOTOR CONTROL

Course covers theory and practical application and wiring diagrams for a wide variety of motor installations and controls. Gain a better understanding of drawing line diagrams and become proficient in reading and understanding the logic concepts behind them. Learn different testing and troubleshooting techniques. Two textbooks additional: wilsontech.org/bookstore

24FELE114A \$509 M 9/11/23-12/11/23 DH-D/5
6:30-10PM 42 hrs 12 sessions



LOCKSMITHING I

Gain hands-on experience in the field of locksmithing. Learn basic locksmithing skills such as: re-keying, shimmiing, picking, and impressioning. Locksmithing tool kit additional, (approximately \$300).

24FSEC101A \$695 TU 9/12/23-1/9/2024 DH-D/D6
6:30-9:30PM 36 hrs 12 sessions

LOCKSMITHING II

Student will gain hands-on experience with many popular brands of residential, commercial and industrial lock hardware in use today. Gain experience with safes, automotive locks, Master key systems, and much more. *Prerequisite: Locksmithing 1.* Textbook additional: wilsontech.org/bookstore

24FSEC102A \$715 W 9/13/23-12/6/23 DH-D/D6
6:30-9:30PM 36 hrs 12 sessions

MARINE SERVICE & ENGINES -



MARINE SERVICE TECHNICIAN PRE-APPRENTICE PROGRAM

Gain the skills you need to work in the recreational boating industry as a qualified marine technician. Learn to service boats, boat engines and related systems as well as boat yard operations. Wilson Tech's program addresses the rapid advances in marine propulsion technology that now demand a high level of competency and training. Students who successfully complete this program have the opportunity to apply for 7 credits of advanced standing toward the Maritime Technology A.A.S. Degree Program at Kingsborough Community College and be considered for their NYS Marine Services Technician Apprentice Program. A basic set of hand tools as well as multi-meter and basic diagnostic tools are the student's responsibility, (approx. \$2,500 in total). Tools can be purchased as needed based on supply list per module at www.wilsontech.com/supplies.

24FMTS300A \$1509 TU/TH 9/12/23-3/14/24 DH-AUTOBODY II 6-9PM 120hrs (modules I, II & III)

MODULE I- ENGINE TECHNOLOGY I: 6 HOURS PER WEEK, 6 WEEKS 36 HOURS

The principles of the internal combustion 2-stroke, 2-cycle and the 4-stroke, 4-cycle gasoline marine engine will be covered. Included are the topics of construction, testing and maintenance of these engines as well the methods of converting the generated energy into vessel propulsion. Propulsion topics primarily focus on outboards and in-board, outboard drives.

MODULE II - LOW VOLTAGE ELECTRICAL SYSTEMS: 6 HOURS WEEK, 6 WEEKS 36 HOURS

The course will focus on Ohms law, series and parallel circuits, low voltage DC systems, and hull wiring. The student will learn to troubleshoot typical circuits found on modern crafts using the latest test equipment as well as the latest ABYC standards with regard to electrical wiring and systems. Students will be required to pass the various Snap-on Certification Tests.

MODULE III - MARINA OPERATIONS: 6 HOURS PER WEEK, 8 WEEKS 48 HOURS

Basic skills required for the daily operation of a full-service marina or boatyard will be covered in a two-hour lecture and two hours of laboratory work each week. Each lecture/lab covers the varied technical aspects of a typical marina including: hand and power tool identification and usage; special tools and marina equipment. Lab sessions concentrate upon basic skills needed for actual operation of a typical marina and specific lab sessions will cover Fork/Strap Lift operations and Bottom Painting Apprentice training where standard industry certifications will be earned for successful completion of the training.

MARINE ENGINES & SYSTEMS

This class is designed for boating enthusiasts looking to work on their own boats. Course includes basic operating principles and procedures for tune-ups, water pumps and winterizing procedures. Marine engine technology topics include: working on outboard and inboard engines, stern drive engines and systems.

24FMAR103A \$375 TH 9/14/23-12/14/23 DH-C/AUTOBODY II 6-9:30PM 42 hrs 12 sessions

AUTO MAINTENANCE & REPAIR

AUTO BODY REFINISHING

Learn spraying, use of various solvents, surface preparation, and masking. Hands-on instruction in pinstriping and basic painting techniques will be covered. Note: Students are responsible for own paint.

24FAUT101A \$399 TU 9/12/23-1/9/2024 DH-C/AUTOBODY1
6:30-10PM 42 hrs 12 sessions

AUTO MECHANICS I

General introduction to automotive cooling; fuel, electrical and ignition systems; tune-ups; drive lines and components; and suspension, steering and brake systems.

24FAUT103A \$415 M 9/11/23-12/11/23 DH-C/AUTMECH1
6:30-10PM 42 hrs 12 sessions

AUTO MECHANICS II

Advanced levels of troubleshooting, vehicle servicing, diagnostics, engine mechanical, engine performance, electrical systems, fuel systems, brakes, suspension, steering and alignment. *Prerequisite: Auto Mechanics I or prior experience.*

24FAUT104A \$459 TH 9/14/23-12/14/23 DH-C/AUTMECH1
6:30-10PM 42 hrs 12 sessions



AUTO SERVICE CONSULTANT/SERVICE WRITER

Gain the knowledge for a career as an Automotive Service Consultant/Service Writer. Develop communication, customer relations, sales, shop operations and repair order (RO) writing skills.

24FAUT110A \$215 W 10/4/23-11/29/23 DH-C/AUTMECHII, 6-9PM 24 hrs
8 sessions

SMALL ENGINE REPAIR 2- OR 4-STROKE

An individualized course of study for the beginner to intermediate mechanic or homeowner. Learn theory and receive hands-on training in diagnosis, troubleshooting, maintenance, and repair of small 2-stroke and 4-stroke air-cooled engines common to home use and the landscaping trade. Students should bring a used, 2- or 4-stroke engine to class.

24FSER101A \$355 W 9/13/23-12/6/23 DH-C/AUTOBODY I 6-9:30PM 42 hrs
12 sessions



LANDSCAPE DESIGN

Learn everything you need to know to tackle that part of your yard that needs attention. Topics will include site selection and preparation, developing your design, plant selection, installation and maintenance. Perfect for homeowners or landscapers expanding their skills. Students will be able to draw a landscape plan by the end of the course.

24FLDD101A \$279 TH 9/14/23-11/16/23*

DH-E/4AdvArt 7-10PM 30 hrs 10 sessions

*no class 9/28/23, class will meet Wed 11/15/23
for missed class on 9/28/23

COOKING & BAKING



New!

DEMONSTRATION-STYLE COOKING WORKSHOPS

These workshops are designed for the skilled home cook wanting to sharpen and elevate their skills. Each workshop is 3 hours in length during which our chef will explain and teach you techniques and methods to get more flavor from the foods you prepare. Participants are encouraged to ask questions as our chef goes through each recipe. Samples of each dish will be provided. You will also learn how to plate meals that are visually appealing to impress your family and friends.

CALLING STEAKHOUSE LOVERS

Steak with Red Wine Pan Sauce and Creamy mashed potatoes
24FCUL223A \$59 TU 9/19/23 DH-B/CULC 6-9PM 3 hrs 1 session

RUSTIC ITALIAN

Risotto and Classic Ratatouille
24FCUL224A \$59 TU 10/3/23 DH-B/CULC 6-9PM 3 hrs 1 session

NOT YOUR TYPICAL CHICKEN

Grilled Lemongrass Chicken with Nuoc Cham Sauce and Jasmine Rice
24FCUL229A \$59 TU 12/5/23 DH-B/CULC 6-9PM 3 hrs 1 session

COOKING WITH WINE

Homemade Pasta with Chardonnay Cream Sauce and Salad with Red Wine-Herb Vinaigrette
24FCUL227A \$59 W 2/7/2024 DH-B/CULC 6-9PM 3 hrs 1 session

POPLETTES

Classic Italian meatballs in a rich tomato sauce and creamy polenta
24FCUL225A \$59 TU 12/12/23 DH-B/CULC 6-9PM 3 hrs 1 session

BERRY SWEET

Pan-Roasted Pork with Blueberry Mostarda and Wilted Swiss Chard
24FCUL230A \$59 TU 1/9/2024 DH-B/CULC 6-9PM 3 hrs 1 session

TRADITIONAL SURF AND TURF

Pan seared Scallops and Rosemary Crusted Beef Tenderloin with Herb Compound Butter
24FCUL226A \$59 TU 11/28/23 DH-B/CULC 6-9PM 3 hrs 1 session

WILD ABOUT SALMON

Pan-Seared Salmon with Lemon-Basil Pecorino Almond Gremolata and Lemon Butter Broccolini
24FCUL228A \$59 TH 1/25/2024 DH-B/CULC 6-9PM 3 hrs 1 session

Instructor will email a list of ingredients prior to class. Please be sure to check spam folder.

**Registration for all cooking and baking classes will close 24 hours prior to class start.*

CAKES & TORTES

Prepare icing and glazes, learn fun decorating techniques, and how to properly slice and layer cakes.
24FCUL155A \$185 M 1/8/2024-2/5/2024 DH/BCULC 6-9PM 12 hrs 4 sessions

PERFECT PASTRIES

Perfect your pastry making with professional techniques.
24FCUL208A \$85 TU 1/30/2024-2/6/2024 DH-B/CULC 6-9PM 6 hrs 2 sessions

BASIC SAUCES

Learn to make delicious sauces using various techniques. From traditional to non-traditional and gluten free too!
24FCUL184A \$99 TH 1/4-1/18/2024 DH-B/CULC 6-9PM 9 hrs 3 sessions

ALL ABOUT THE SIDES

No matter the season or the main protein, there's always a perfect side! Add color, health benefits and great flavor with veggies and starches.
24FCUL215A \$59 TH 12/14/23 DH-B/CULA 6-9PM 3 hrs, 1 session

FROM THE SEA

Like seafood but not sure how or what to prepare? This class will expand your healthy, nutritious meal options.
24FCUL165A \$59 TH 12/7/23 DH-B/CULA 6-9PM 3 hrs, 1 session

BASIC KNIFE SKILLS

Learn the different types of knives, safe use and proper care to ensure maximum life. Chop, slice and dice for a professional presentation, efficiency and accuracy.
24FCUL111A \$59 TU 9/26/23 DH-B/CULA 7-9PM 2 hrs 1 session

COOKING & BAKING

*Instructor will email a list of ingredients prior to class. Please be sure to check spam folder.
Registration for all cooking and baking classes will close 24 hours prior to class start.

NEW!

MEDITERRANEAN COOKING

Learn the basics of preparing a Mediterranean-inspired meal packed with Grecian flavors using bright and savory ingredients.

24FCUL222A \$85 TU 1/16/2024-1/23/2024 6-9PM 6 hrs 2 sessions

THE ART OF CURRY

Learn the secrets to using Indian spices and cooking techniques while making delicious white, red, yellow and coconut curries. Class covers both meat and vegetarian options.

24FCUL198A \$85 TH 11/2/23-11/9/23 DH-B/CULA 6-9PM 6 hrs 2 sessions

NOSTALGIC ITALIAN SUNDAY DINNER

Miss Sunday dinners? Make the classic Italian favorites and watch your family and friends gather!

24FCUL164A \$85 TU 10/17/23-10/24/23 DH-B/CULA 6-9PM 6 hrs 2 sessions

COOKING WITH PLANT-BASED ALTERNATIVES

Explore the basic whole food and minimally processed ingredients to have on hand for unique and flavorful plant-based meals. Recipes include fruits, vegetables, nuts, seeds, oils, whole grains, legumes, and beans.

24FCUL217A \$85 TH 2/1/2024-2/8/2024 DH-B/CULA 6-9PM 6 hrs 2 sessions

CULINARY BASICS I

Covers knife usage, sanitation practices, proper cooking temperatures, baking and roasting.

24FCUL139A \$135 W 9/13/23-10/4/23 DH-B/CULC 6-9PM 12 hrs 4 sessions

CULINARY BASICS II

Learn more about cooking temperatures, sanitization, sautéing, grilling, salads and knife skills. *Prerequisite: Culinary Basics I*

24FCUL144A \$135 W 10/11/23-11/1/23 DH-B/CULC 6-9PM 12 hrs 4 sessions

CULINARY BASICS III

Sauté, pan-fry, blanch, boil and braise, emulsify and store different foods.

Prerequisite: Culinary Basics I and II

24FCUL145A \$135 W 11/8/23-12/6/23 DH-B/CULC 6-9PM 12hrs 4 sessions

CULINARY BASICS IV

Learn several cooking techniques, simple desserts and menu planning for that perfect meal! *Prerequisite: Culinary Basics I, II, and III*

24FCUL185A \$135 W 1/3/2024-1/24/2024 DH-B/CULC 6-9PM 12hrs 4 sessions



\$39
each!

LITTLE NIBBLES

These mini culinary courses are sure to improve your cooking skills as you focus on a few dishes at a time. No prior cooking experience necessary. All classes \$39 each, 3hr, 1 session, 6-9PM. All classes meet in DH-B/CULC.

• **ALL THINGS APPLES**
24FCUL209A TH 9/14/23

• **JAMS, JELLIES & PRESERVES**
24FCUL178A TH 9/21/23

• **HERBS & VEGETABLES**
24FCUL189A TH 9/28/23

• **SOUP'S ON**
24FCUL166A TH 10/5/23

• **CHICKEN CLASSICS**
24FCUL188A TH 10/12/23

• **COOKIE JAR**
24FCUL192A TH 10/19/23
24FCUL192B M 12/4/23

• **HOLIDAY BRUNCH**
24FCUL207A TH 10/26/23
24FCUL207B M 12/11/23

• **SIMPLE APPETIZERS**
23SCUL127A TH 11/16/23

• **FALL HARVEST PIES**
24FCUL190A M 11/20/23

• **NO BAKE DESSERTS**
24FCUL112A M 11/27/23



FUNDAMENTALS OF BAKING

Serious home bakers and aspiring bakers who wish to master the fundamentals of baking and pastry arts will learn classic methods and techniques including mixing methods and their effects on batters and doughs, how to read and interpret baking formulas and percentages as well as the importance of accurate weighing and measuring.

24FCUL154A \$415 M 9/11/23-11/13/23 DH-B/CULC 6-9PM 24 hrs 8 sessions



MAKEUP ON MATURE SKIN GALS

24FAPP20A \$49 W 11/8/23 DH-C/ COS

6-9PM 3 hrs 1 session

24FAPP20B \$49 M 1/8/24 DH-C/ COS

6-9PM 3 hrs 1 session

TRENDY EYESHADOW TECHNIQUES

24FAPP18F \$49 W 11/15/23 DH-C/ COS

6-9PM 3 hrs 1 session

24FAPP18G \$49 M 1/22/24 DH-C/ COS

6-9PM 3 hrs 1 session

BRIDAL/SPECIAL OCCASION MAKEUP

24FAPP18H \$59 M 9/11/23 DH-C/ COS

6-9PM 3 hrs 1 session

24FAPP18I \$59 W 11/1/23 DH-C/ COS

6-9PM 3 hrs 1 session



MAKE-UP APPLICATION 101

Discover colors that suit your skin tone, eyes and hair color. Choosing the right make-up will enhance your overall image. The result is a natural look that enhances your every feature! Learn the do's and don'ts of everyday make-up application. Students can bring in their make-up and brushes to practice with in class.

24FAPP105A \$169 W 9/13/23-9/27/23 DH-C/COS 6-9PM 9 hrs 3 sessions

24FAPP105B \$169 M 11/6/23-11/20/23 DH-C/ COS 6-9PM 9 hrs 3 sessions

MAKE-UP APPLICATION 102

A more advanced course in the application of makeup. Take your everyday look and transform it to another level. Discover the techniques that will take you from day to evening. Learn the art of the smoky eye as well as eyelash application. Students can bring in their make-up and brushes to practice with in class.

Prerequisite: Make-Up Application 101

24FAPP106A \$169 W 10/4/23-10/25/23 DH-C/ COS 6-9PM 9 hrs 3 sessions

24FAPP106B \$169 M 11/27/23-12/11/23 DH-C/ COS 6-9PM 9 hrs 3 sessions



SEWING

FASHION ART OF DRAPING

Learn the basics of draping and preparing the dress form. Through this course you will be able to pin and trim. Create shape using darts and tucks, add volume using pleats and gathers. Creating complex curves will also be discussed.

24FSEW104A \$329 M 9/11/23-12/4/23 DH-C225 6-9PM 30 hrs 10 sessions

BEGINNER'S QUILT PIECING CLASS

Learn the basics of cutting fabric, stitching with a 1/4" seam allowance, piecing rows together and the techniques of a 4-patch and flying geese blocks. By the end of the course, you will have a nearly completed wall hanging or table topper. A supply list will be provided the first night of class. Students are encouraged to bring their own fabric.

24FSEW103A \$255 TH 9/14/23-12/7/23 DH-C225 6-9PM 30 hrs 10 sessions

SEWING AND ALTERATIONS

In this class you will complete various projects so you become comfortable with sewing and the basic functions of the sewing machine. Learn how to make pillows with a zipper, sew a basic hem on pants, shorten sleeves on jackets and create a skirt out of a pattern. Bring your own portable machine or use Tech's machines.

24FSEW101A \$329 TU 9/12/23-1/2/2024 DH-C/225 6-9PM 30 hrs 10 sessions



ESSENTIAL OILS FOR THE HOME

This class shows how to use aromatherapy and essential oils throughout the home for gardening, insect control, laundry, cleaning and air fresheners. You will have the option to make your own bleach alternative that you can take home and use. \$15 supply fee payable to instructor. Exact cash or money order only. Please bring a clean empty laundry soap container or other large clean bottle.

24FFIT164A \$49 TU 9/19/23 DH-C/ Staff Lounge 6:30-9:30PM 3 hrs 1 session

24FFIT164B \$49 TU 11/21/23 DH-C/ Staff Lounge 6:30-9:30PM 3 hrs 1 session

ESSENTIAL OILS FOR SOOTHING RELIEF

Learn how the therapeutic properties of essential oils may help soothe muscles, nerves and joints. Bring your favorite unscented lotion or carrier oil to class. You will have the option to make your own ointment to take home. \$15 supply fee payable to instructor. Exact cash or money order only.

24FFIT163A \$49 TU 12/12/23 DH-C/ Staff Lounge 6:30-9:30PM 3 hrs 1 session

24FFIT163B \$49 TU 2/6/2024 DH-C/ Staff Lounge 6:30-9:30PM 3 hrs 1 session

ESSENTIAL OILS FOR PERSONAL HEALTHCARE

Learn to use essential oils for personal well-being. You will have the option to make your own personal essential oil mixture to take home. A \$20 supply fee is payable to instructor (money order only).

24FFIT162A \$95 TU 10/17/23-

10/24/23 DH-C/ Staff Lounge

6:30-9:30PM 6 hrs 2 sessions

24FFIT162B \$95 TU 1/9/2024-

1/16/2024 DH-C/ Staff Lounge

6:30-9:30PM 6 hrs 2 sessions

NATURAL SKINCARE

Learn how the essential oils from plants, flowers and herbs can help keep your skin radiant. You will have the opportunity to make your own skin ointment and face mask. A \$15 supply fee is payable to instructor (money order only).

24FFIT165A \$49 TU 10/3/23

DH-C/Staff Lounge 6:30-

9:30PM 3 hrs 1 session

24FFIT165B \$49 TU 1/23/2024

DH-C/ Staff Lounge

6:30-9:30PM 3 hrs 1 session



INTRO TO AROMATHERAPY & ESSENTIAL OILS

A beginner course about the history and background of plants, essential oils, what they are and their benefits. This is a great class for anyone who is new to essential oils and wants to learn the basics.

24FFIT200A \$25 TU 9/12/23 DH-C/Staff Lounge 6:30-8PM 1.5 hrs 1 session

24FFIT200B \$25 TU 11/28/23 DH-C/Staff Lounge 6:30-8PM 1.5hrs 1 session

INTRO TO AROMATHERAPY FOR PROFESSIONALS

If you are a licensed massage therapist or a related professional looking to enhance your practice with essential oils, this is the start you'll need! Learn the basics of aromatherapy and how you can incorporate essential oils as a service benefiting clients. Demonstrations of different techniques and benefits of aromatherapy and oils will be covered.

24FFIT161A \$49 TU 9/26/23 DH-C/ Staff Lounge 6:30-9:30PM 3 hrs 1 session

24FFIT161B \$49 TU 1/30/2024 DH-C/ Staff Lounge 6:30-9:30PM 3 hrs 1 session

PERSONAL TRAINER

Prepare to take the Personal Trainer Certification exam from the International Sports Sciences Association (ISSA). Learn basic exercise science, nutrition, fitness assessment, exercise programming, instructional and spotting techniques. Study anatomy, kinesiology, injury prevention, supplementation and nutrition and all aspects of weight and strength training as you prepare for employment as a personal trainer in a gym or fitness center or as a consultant for your own business. You'll gain firsthand experience in Tech's fitness center where you'll learn to apply your coursework to health and fitness programming on state-of-the-art exercise equipment. **All quizzes and final exam must be taken through the ISSA member account website.** Certification exam administered by ISSA; CPR required for certification (included in tuition). Textbook included. To be eligible for a certificate, you must attend 80% of the class sessions.

24FMED111A \$1165 TU/TH 9/19/23-11/21/23 REP/123 6-9PM 44 hrs 15 sessions

24FMED111B \$1165 TU/TH 11/28/23-1/30/2024 REP/123 6-9PM 44 hrs 15 sessions

** This class will be held at Wilson Tech Farmingdale, Route 110 (Behind Marriott) Republic Airport*

YOGA

Relax and enjoy moving through various yoga poses to tone your body while increasing your energy and improving your physical, mental and spiritual well-being. For men and women of all ages. Bring a yoga mat and wear loose clothing.

24FFIT104A \$75 TU 9/12/23-11/28/23 DH-A/Gym 6-7PM 8 hrs 8 sessions

24FFIT104B \$75 TU 12/5/23-2/6/2024 DH-A/GYM 6-7PM 8 hrs 8 sessions

MEDITATION

Reduce your stress and tension through meditation. Explore techniques that you can employ every day to decompress, stay centered and avoid burn out. No experience with meditation is necessary. Bring a mat, towel and water. A small pillow is recommended if you prefer to lie down during meditation. Dress in loose, comfortable clothes.

24FFIT160A \$75 TH 9/14/23-11/2/23 DH-C/LCR 7-8PM 8hrs 8 sessions

24FFIT160B \$75 TH 12/7/23-2/8/2024 DH-C/LCR 7-8PM 8hrs 8 sessions

PILATES

In this Pilates class, you will sculpt long, lean muscles and define your core by doing a combination of standing and sitting exercises that incorporate the principles of breathing, control, and posture. Proper form and technique will be demonstrated along with modifications so that all can participate. Bring a yoga mat and a bottle of water.

24FFIT100A \$75 W 9/13/23-11/1/23DH-A/Gym 6:15-7:15PM 8 hrs 8 sessions

24FFIT100B \$75 W 11/8/23-1/24/2024 DH-A/Gym 6:15-7:15PM 8 hrs 8 sessions

FULL BODY WORKOUT

In this 60-minute, energizing cardio class, you will burn calories while toning major muscles in your legs, chest, arms, and core. Proper form and technique will be demonstrated along with modifications so that all can participate. Bring a bottle of water, mat, and 1-pound weights (optional).

24FFIT203A \$75 W 9/13/23-11/1/23DH-A/Gym 7:15-8:15PM 8 hrs 8 sessions

24FFIT203B \$75 W 11/8/23-1/24/2024 DH-A/Gym 7:15-8:15PM 8 hrs 8 sessions

QIGONG FOR VITALITY & JOY!

Enjoy practicing the ancient uplifting system of meditative movements. Improve coordination, stamina, strength, balance, and clarity. Enhance your breathing and general wellness. The powerful exercises in this class are fluid, easy to learn, and low impact. Wear comfortable loose clothing and sneakers and bring water.

24FFIT120A \$75 W 9/13/23-11/1/23 DH-A/Gym 4-5PM 8 hrs 8 sessions

24FFIT120B \$75 W 11/8/23-1/24/2024 DH-A/Gym 4-5PM 8 hrs 8 sessions

QIGONG WALKING

Learn how to apply principles of WuJi and breathing into walking so you can conserve energy, build muscular strength and stability, and stay focused. With practice, you will see how this can integrate into every movement. After warm-up and rooting practices, Walking QiGong exercises will include Moving WuJi, Autumn Harvest Basket, and Crane Walking. Dress comfortably.

24FFIT204A \$75 W 9/13/23-11/1/23 DH-A/Gym 5:10-6:10PM, 8 hrs 8 sessions

24FFIT204B \$75 W 11/8/23-1/24/2024 DH-A/Gym 5:10-6:10PM, 8 hrs 8 sessions

MEDICAL DISCLAIMER: You should consult your physician/healthcare provider before beginning any fitness/dance program to determine if it is right for your needs, particularly if you (or your family) have a history of high blood pressure or heart disease; you have ever experienced chest pain when exercising; you have experienced chest pain in the past month when not engaged in physical activity; you smoke; you have high cholesterol; you are obese; and/or you have a bone or joint problem that could be made worse by a change in physical activity. Do not start any fitness/dance program if your physician/healthcare provider advises against it.

DANCE



NEW!

LINE DANCE BEGINNER

This course is ideal for those who always wanted to learn the basic beginner steps and easy line dances. Try it you might like it!

24FDAN118A \$75 TH 9/14/23-11/02/23 DH-B/Wilsonian 6-7PM 8 hrs 8 sessions

24FDAN118B \$75 TH 11/09/23-01/25/24 DH-B/Wilsonian 6-7PM 8 hrs 8 sessions

ARGENTINE TANGO - INTRO

Transport yourself to beautiful Buenos Aires. Learn to dance one of the most exciting dances created. Singles and couples welcome.

24FDAN115A \$75 M 9/11/23-11/13/23 DH-B/Wilsonian 6-7PM 8hrs 8 sessions

24FDAN115B \$75 M 11/20/23-2/5/2024 DH-B/Wilsonian 6-7PM 8 hrs 8 sessions

BALLROOM BASICS: FOX TROT, WALTZ, RUMBA -INTRO

Learn the fundamentals of these graceful dances for your next party. Singles and couples welcome.

24FDAN112A \$75 M 9/11/23-11/13/2023 DH-B/Wilsonian 7:05-8:05PM
8hrs 8 sessions

24FDAN112B \$75 M 11/20/23-2/5/2024 DH-B/Wilsonian 7:05-8:05PM
8 hrs 8 sessions

LATIN BASICS: SALSA, MERENGUE, BACHATA, CHA CHA - INTRO

Learn the basic steps of these fast-paced dances! Singles and couples welcome.

24FDAN111A \$75 M 9/11/23 -11/13/23 DH-B/Wilsonian 8:10-9:10PM 8hrs 8 sessions

24FDAN111B \$75 M 11/20/23-2/5/2024 DH-B/Wilsonian 8:10-9:10PM
8 hrs 8 sessions

SWING, HUSTLE - INTRO

Wow your friends with the Swing and Hustle at your next big event! Singles and couples welcome. No prior dance experience necessary.

24FDAN116A \$75 W 9/13/23-11/1/23 DH-B/Wilsonian 7-8PM 8 hrs 8 sessions

24FDAN116B \$75 W 11/8/23-1/24/2024 DH-B/Wilsonian 7-8PM 8 hrs 8 sessions

NEW!

LATIN BASICS: SALSA, MERENGUE, BACHATA, CHA CHA - INTERMEDIATE

Gain confidence and improve your fundamental skills of these fast-paced dances! Singles and couples welcome. *PREREQUISITE: LATIN BASICS: SALSA, MERENGUE, BACHATA, CHA-CHA - INTRO*

24FDAN117A \$75 W 9/13/23-11/1/23 DH-B/Wilsonian 8:05-9:05PM 8hrs 8 sessions

24FDAN117B \$75 W 11/8/23-1/24/2024 DH-B/Wilsonian 8:05-9:05PM 8hrs 8 sessions

FLOWERS



DIY FRESH FLORAL ARRANGEMENTS

Learn how to make gorgeous arrangements from cut flowers available from the florist, grocery store or your own backyard. The class covers the fundamentals of floral design. An email will be sent prior to first class to students with suggestions of fresh flowers to purchase for making your own arrangements.

24FIDD136A \$59 M 9/11/23-9/18/23
DH-C/LCR 6-9PM 6 hrs 2 sessions

24FISS136B \$59 W 11/1/23-11/8/23
DH-C/LCR 6-9PM 6 hrs 2 sessions



WREATH WORKSHOP

A beautiful wreath is an easy way to keep your home feeling festive throughout the seasons. First class covers the fundamentals of designing a wreath. Then, the instructor will suggest flowers and/or vines and materials for you to buy (approx. \$25+) depending on size of arrangement you want to make in second class. If you choose not to make your own, you may participate in a project with the instructor to learn the techniques.

First class is approximately 1.5 hrs.

24FIDD144A \$59 W 9/13/23-9/20/23
DH-C/LCR 6-9PM, 6 hrs, 2 sessions

24FIDD144B \$59 M 10/16/23-10/23/23
DH-C/LCR 6-9PM 6 hrs 2 sessions



DECIPHERING YOUR DSLR 101

Become familiar with the basics of your digital camera. Class covers exposure, shooting modes and basic camera settings.

24FMGA163A \$35 M 9/11/23 DH-E/
Photo 6:30-9:30PM 3 hrs 1 session

DECIPHERING YOUR DIGITAL CAMERA AND LENS 102

Class picks up where 101 leaves off. Expand your knowledge to include memory cards, wide angle and telephoto lens controls/aperture settings and more! Bring your camera!

24FMGA164A \$35 M 9/18/23 DH-E/
Photo 6:30-9:30PM 3 hrs 1 session

NIGHT PHOTOGRAPHY

Learn how to capture great photos at night and shoot the night sky, city scape, night portraits and the moon. Proper setup and use of a tri-pod, taking photos with long exposures and painting with light will also be covered.

24FMGA172A \$69 W 10/25/23-11/1/23
DH-E/Photo 6:30-9:30PM 6 hrs 2 sessions

ADOBE LIGHTROOM CLASSIC & CLOUD FOR BEGINNERS

Learn to use Lightroom to import and organize photos. Edit and enhance photos and develop a workflow.

24FMGA165A \$95 M 11/6/23-11/20/23
DH-E/AdvArt 6:30-9:30PM
9 hrs 3 sessions

24FMGA165B \$95 M 1/8/2024-
1/29/2024 DH-E/AdvArt 6:30-9:30PM
9 hrs 3 sessions

MACRO PHOTOGRAPHY

Explore the amazing world of Macro Photography. Learn how to make your lens a Macro lens. Use extension tube, focus rails and lighting. Don't know how to use focus stacking? It's covered!

24FMGA166A \$69 M 10/16/23-10/23/23
DH-E/Photo 6:30-9:30PM 6 hrs 2 session

SPORTS PHOTOGRAPHY

Learn to master shutter speeds to capture hard-to-get action shots, to properly use the focus system, add flash, and use telephoto lenses.

24FMGA167A \$35 M 10/30/23 DH-E/
Photo 6:3-9:30PM 3 hrs 1 session

24FMGA167B \$35 M 2/5/2024 DH-E/
Photo 6:3-9:30PM 3 hrs 1 session

PHOTOSHOP I

Learn the power of Photoshop to take photos to the next level. Covers tools, layout, layers and plug-ins. Students will have access to a computer with Photoshop for an interactive learning experience.

24FMGA175A \$95 W 11/8/23-11/29/23
DH-E/AdvArt 6:30-9:30PM 9 hrs 3 sessions

PHOTOSHOP II

Picks up where Photoshop I leaves off. Further explore tools, layout layers, plugins and more! Students will have access to a computer with Photoshop for an interactive learning experience.

Prerequisite: Photoshop I

24FMGA176A \$95 TU 1/2/2024-
1/16/2024 DH-E/AdvArt 6:30-9:30PM
9 hrs 3 sessions

IMPROVE YOUR COMPOSITION

Looking for ways to better compose your portraits? This class covers how to use lens perspectives to improve your composition. Find your focus and use the light for those stunning compositions.

24FMGA168A \$69 W 10/11/23-10/18/23
DH-E/Photo 6:30-9:30PM 6 hrs 2 sessions

24FMGA168B \$69 W 1/31/2024-
2/7/2024 DH-E/Photo 6:30-9:30PM 6 hrs
2 sessions

DIGITAL PHOTOGRAPHY BOOTCAMP

Beginner course that will introduce the basic concepts of digital photography with a DSLR. No prior photography knowledge is required. The four-week course focuses on exposure, apertures, shutter speeds, white balance, ISO, file size and type. Composition and post processing techniques will be introduced.

24FMGA177A \$115, W 9/13/23-
10/4/23 6-9PM, DH-E/Photo 12 hrs 4
sessions

24FMGA177B \$115, W 1/3/2024-
1/24/2024 6-9PM DH-E/Photo 12 hrs
4 sessions

STUDIO LIGHTING BASICS

Overview of the studio and available lighting tools and techniques. Class covers multiple lights set-up and how to use a light meter. Color correction and basic posing techniques covered to get that perfect studio shot.

24FMGA171A \$69 TU 10/17/23-
10/24/23 DH-E/PHOTO 6:30-9:30PM
6 hrs 2 sessions

24FMGA171B \$69 TU 1/23/2024-
1/30/2024 DH-E/PHOTO 6:30-9:30PM
6 hrs 2 sessions

VIDEO FOR DSLR - INTRO

Learn the best settings and techniques to get the most out of your equipment. Class will cover how to post and process your videos and create movies.

24FMGA169A \$35 M 10/2/23 DH-E/
Photo 6:30-9:30PM 3 hrs 1 session

COMPUTER TECHNOLOGY



CREATE YOUR WEBSITE WITH WORDPRESS

Learn the basics of the Wordpress Dashboard. Manage your content through posts, pages and links. Customize your site with one of the many themes that Wordpress has to offer. Include media such as images, videos and sound clips.

24FMGA150A \$135 M
10/2/23-10/16/23 DH-A/15
6:30-9:30PM 6hrs 2 sessions
24FMGA150B \$135 M
1/22/2024-1/29/2024
DH-A/15 6:30-9:30PM 6hrs
2 sessions

COMPUTER ELECTRONICS/ CONSTRUCTION

Learn to build, install, upgrade and repair personal computer hardware and operating systems. Topics include personal computer hardware; Windows XP, Windows Vista, Windows 7, Windows 8, and Linux operating systems installation; maintenance and file sharing; removal of malicious software; basic networking; remote desktop access; and computer security. Other topics may be added based on current trends. Textbook additional (wilsontech.org/bookstore).

24FCOM120A \$619 M 9/11/23-12/11/23
DH-C/223 6:30-10PM 42 hrs 12 sessions

A+ CERTIFICATION PREP PART 1: HARDWARE

Prepare for the hardware portions of CompTia's A+ exams. *Prerequisites: Computer Electronics/Construction or equivalent knowledge and experience.* Textbook additional: wilsontech.org/bookstore.

24FCOM121A, \$619 W 9/13/23-12/6/23
DH-C/223 6:30-10PM 42 hrs 12 sessions



ICLASSES

Classes designed for beginner users of iPhones and iPads that cover how to set up a new device, download apps, browse the web, take pictures, get music, and access the cloud. Bring your iPhone/iPad to class.

All classes held at DH-A/15
6:30-9:30PM 3 hrs 1 session

- **iPhone/iPad I**
24FCOM156A \$35 W 1/10/2024
- **iPhone/iPad II**
24FCOM157A \$35 W 1/17/2024
- **iPhone/iPad III**
24FCOM158A \$35 W 1/24/2024
- **iPhone/iPad IV**
24FCOM159A \$35 W 1/31/2024

AUTOCAD

Hands-on course to 2D AutoCAD drawing as well as the 3D capabilities of the architectural desktop add-on. Learn the skills and commands to use AutoCAD, the most popular desktop computer-aided drawing software. AutoCAD may be used in both manufacturing and architectural environments on a professional level. One student to a computer. Optional lab time will be available one hour before each class so students can complete 3D drawings for their class project.

24FCAD101A \$789 W 9/13/23-12/6/23 DH-C/18 6:00-9:30PM 42 hrs 12 Sessions

NEW!

INVENTOR 3D MODELING

In this hand-on course you will develop your skills to create solid models using the Autodesk Inventor program. You will be able to create and edit 3D drawings, rapid prototyping, manipulate data, part design, sketching, assembly, and drafting. Inventor may be used in both manufacturing and architectural environments on a professional level. One student to a computer. Optional lab time will be available one hour before each class so students can complete 3D drawings for their class project.

24FCAD104A \$789 M 9/11/23-12/11/23 DH-C/18 6:00-9:30PM 42 hrs 12 Sessions

WORD 2019 I

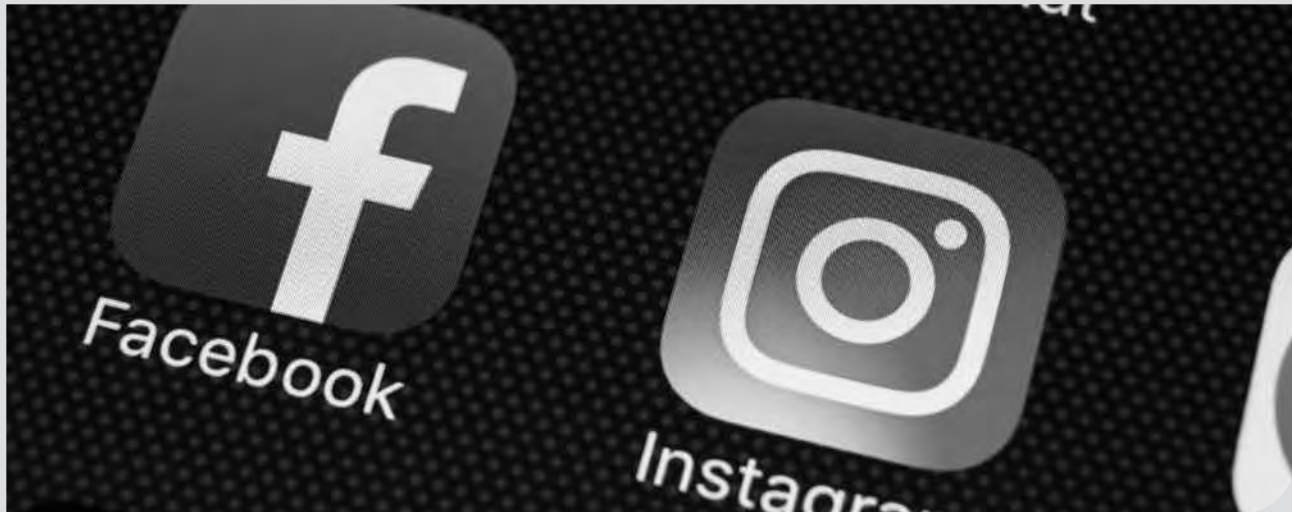
Learn how to create, edit, format, and print basic documents. Start by learning to open, save and close documents, then progress to copy, paste and apply formatting, set tabs and indents, and change the view.

24FCOM139A \$259 M 9/11/23-10/23/23 DH-C/224 6-9PM 15hrs 5 sessions

WORD 2019 II

Learn to create more complex documents. Look at features such as inserting pictures or shapes, setting up columns of information, saving repetitive pieces of text or graphics for easy access at a later date, and using styles and templates to produce professional-looking business documents.

24FCOM140A \$259 M 10/30/23-11/27/23 DH-C/224 6-9PM 15hrs 5 sessions



FACEBOOK / INSTAGRAM / TWITTER / LINKEDIN

All classes held DH-A/15 6:30-9:30PM 3 hrs 1 session

FOR BUSINESS

Business accounts must be created prior to attending all Social Media for Business classes. Learn how Facebook, LinkedIn, Twitter and Instagram can grow and optimize your business and how social media tools can analyze the effectiveness of your strategies.

Introductory Courses: An overview of the specific platforms shows how to tailor the specific social media tool to match business strategies and how to use tools for monitoring trends. Learn from real case studies as you gain hands-on experience.

Intermediate Courses: Develop your social media presence into a powerful brand building-tool and gain a more in-depth understanding of the fundamentals of social media analytics.

■ FACEBOOK FOR BUSINESS-BEGINNER

24FCOM116A \$75 M 10/23/23

■ TWITTER/LINKEDIN FOR BUSINESS BEGINNERS

24FCOM118A \$75 W 11/8/23

■ INSTAGRAM FOR BUSINESS-BEGINNER

24FCOM142A \$75 W 10/11/23

■ FACEBOOK FOR BUSINESS-INTERMEDIATE

24FCOM117A \$75 W 11/15/23

■ TWITTER/LINKEDIN FOR BUSINESS-INTERMEDIATE

24FCOM119A \$75 W 11/15/23

■ INSTAGRAM FOR BUSINESS-INTERMEDIATE

24FCOM143A \$75 W 10/18/23

FOR PERSONAL USE

Create a profile on social media and learn how to connect with people and about important settings and privacy.

Introductory Courses: Gain an overview of the specific site and how to set it up for your personal use.

Intermediate Courses: Once you have created your personal page, expand your knowledge of the account settings, how to upload photos, videos and links.

■ INSTAGRAM-BEGINNER

24FCOM145A \$75 W 10/25/23

■ TWITTER-BEGINNER

24FCOM150A \$75 W 11/29/23

■ FACEBOOK-BEGINNER

24FCOM144A \$75 W 9/27/23

■ INSTAGRAM-INTERMEDIATE

24FCOM148A \$75 W 11/1/23

■ TWITTER-INTERMEDIATE

24FCOM151A \$75 W 12/6/23

■ FACEBOOK-INTERMEDIATE

24FCOM147A \$75 W 10/4/23

CPR & FIRST AID



NEW!

ASHI BASIC FIRST AID

This course will help to develop basic first aid knowledge, skills and the confidence to respond. The course is appropriate for both the community and workplace settings, and conforms to the 2015 AHA and ARC Guidelines Update for First Aid. This course is intended for individuals who are not healthcare providers or professional rescuers but desire or are required to be certified in basic emergency care.

THIS COURSE WILL NOT MEET REQUIREMENTS FOR HEALTHCARE PROVIDERS

24FHEA128A \$89 M 10/16/23 DH-C/9 7-9:30PM 2.5 hrs 1 session
24FHEA128B \$89 TU 11/21/23 DH-C/9 7-9:30PM 2.5 hrs 1 session
24FHEA128C \$89 W 1/17/2024 DH-C/9 7-9:30PM 2.5 hrs 1 session
24FHEA128D \$89 TH 2/8/2024 DH-C/9 7-9:30PM 2.5 hrs 1 session

NEW!

PEDIATRIC CPR/AED AND FIRST AID

Designed especially for families and child care providers, this class is approved by the New York State Office of Children and Family Services to meet your requirement for CPR training and First Aid training. This course is instructor lead with some video based and hands-on training where students will learn how to respond to choking, breathing and cardiac emergencies for

adults, children and infants and how to use an AED unit in conjunction with CPR. Students will learn how to assess and care for common injuries and illnesses experienced by infants and children. Successful completion of this course will result in American Heart Association certification. This certification is valid for two years.

THIS COURSE WILL NOT MEET REQUIREMENTS FOR HEALTHCARE PROVIDERS

24FHEA129A \$119 TH 9/21/23-9/28/23 DH-C/9 7-9:30PM 5 hrs 2 sessions
24FHEA129B \$119 TU 1/9/2024-1/16/2024 DH-C/9 7-9:30PM 5 hrs 2 sessions

INFECTION CONTROL

Healthcare providers in New York State are obligated to protect themselves and their patients from disease transmission. Based on the NYS Infection Control Syllabus, this class will show you the clinically accepted methods for preventing the spread of illness between patient and provider, provider and patient, and between patients. Official completion certificates are valid for four years and meet requirements for RNs, LPNs, and dental professionals.

24FHEA127A \$89 M 10/2/23 DH-C/9 7-9PM 2 hrs 1 session
24FHEA127B \$89 TU 11/28/23 DH-C/9 7-9PM 2 hrs 1 session
24FHEA127C \$89 W 1/10/2024 DH-C/9 7-9PM 2 hrs 1 session
24FHEA127D \$89 TH 2/1/2024 DH-C/9 7-9PM 2 hrs 1 session

AMERICAN HEART ASSOCIATION (AHA) BASIC LIFE SUPPORT

Trains participants to recognize life-threatening emergencies, give high quality chest compressions, deliver appropriate ventilations and provide early use of an AED. In this instructor-led course, students participate in simulated clinical scenarios and learning stations. Work with an AHA BLS Instructor to complete BLS skills practice and skills testing as well as a written exam. Successful completion of this class will lead to two-year certification. **THIS CLASS MEETS REQUIREMENTS FOR HEALTHCARE PROVIDERS.**

24FHEA126A \$109, M 9/18/23 DH-C/9, 6-9:30PM, 3.5 hrs 1 session
24FHEA126B \$109 TU 10/24/23 DH-C/9 6-9:30PM 3.5 hrs 1 session
24FHEA126C \$109 W 11/29/23 DH-C/9 6-9:30PM 3.5 hrs 1 session
24FHEA126D \$109 TH 1/11/2024 DH-C/9 6-9:30PM 3.5 hrs 1 session

AMERICAN HEART ASSOCIATION (AHA) HEARTSAVER CPR/AED

Heartsaver CPR AED is a video-based course that teaches adult and child CPR and AED use, infant CPR, and how to relieve choking in adults, children, and infants. Learn skills with the AHA's research-proven practice-while-watching technique, which allows instructors to observe the students, provide feedback, and guide the students' learning of skills. This course is for anyone with limited or no medical training who needs a course completion card in CPR and AED use to meet job, regulatory, or other requirements. Certification is valid for two years. **THIS COURSE WILL NOT MEET REQUIREMENTS FOR HEALTHCARE PROVIDERS.**

24FHEA124A \$109 M 9/11/23 DH-C/9 7-9:30PM 2.5 hrs 1 session
24FHEA124B \$109 TU 10/17/23 DH-C/9 7-9:30PM 2.5 hrs 1 session
24FHEA124C \$109 W 12/6/23 DH-C/9 7-9:30PM 2.5 hrs 1 session

MUSIC & VOICE ARTS



ACOUSTIC GUITAR WORKSHOP

Looking for a relaxed environment to continue learning while you play? Hone your guitar skills with other like-minded people in a highly supportive workshop atmosphere. This class will focus on standard guitar repertoire, improvisation, reading, basic music theory and performing with others. Beginners welcome but some knowledge of basic guitar helpful.

24FMUS117A \$205 TU 9/12/23-1/9/2024 DH-C/LCR 6-8PM 24 hrs 12 sessions

LEAD GUITAR WORKSHOP

Learn to improvise and work with the pentatonic scales, blues scales, chromatic scales, major and minor modes and arpeggios. Opportunities to learn one-on-one and jam. Beginners welcome but some knowledge of basic guitar helpful. No prior knowledge of improvisation necessary. Open to both electric and acoustic players. Electric players are required to bring their own small practice amp to class.

24FMUS120A \$205 TU 9/12/23-1/9/2024 DH-C/LCR 8-10PM 24 hrs 12 sessions

MUSIC THEORY

Delve into the inner workings of music. Learn how music is created and structured. Whether you read notes or play by ear, this introduction to music theory will expand your music skills.

We will cover major and minor scales, the circle of fifths, key signatures, chord theory, basic ear training, intervals, chords of the key and modal concepts.

24FMUS206A \$205 TH 9/14/23-12/14/23 DH-C/11 6-8PM 24 hrs 12 sessions

SONG WRITERS WORKSHOP

Are you an aspiring songwriter? Take this introductory workshop. You will focus on musical structure, chord progressions, melody writing, use of musical motifs and lyric writing. *Prerequisite: some knowledge of piano or guitar.*

224FMUS207A \$145 TH 9/14/23-12/14/23 DH-C/11 8-10PM 24 hrs 12 sessions

VOICEOVERS

Explore the voiceover industry. Discover current trends, opportunities, and tools you need to find success. Read a real script and receive coaching. Onetime, 90 minute, one-on-one, video-chat class!

24FSP1103A \$49 1 session

Call 631-667-6000 x320 to arrange.

Learn more: voicesforall.com Students must have internet access and video chatting capabilities 1 session.

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- AUTO TECHNOLOGY SKILLS
- AVIATION SCIENCE/FLIGHT
- BUSINESS & CUSTOMER RELATIONS SKILLS
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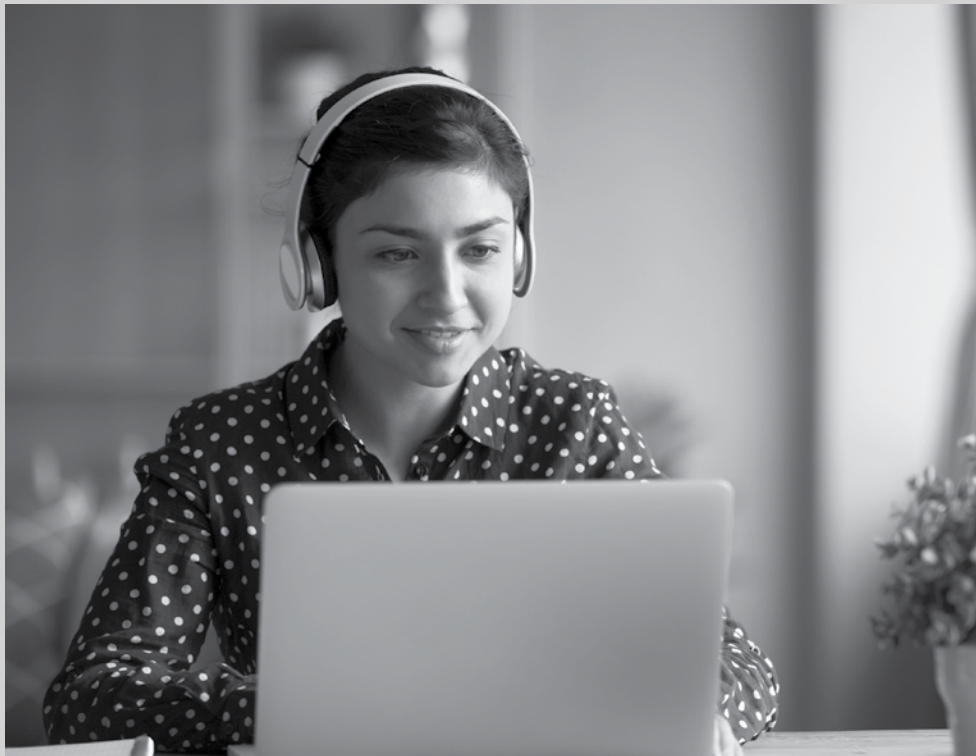
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