

WESTERN SUFFOLK BOCES



ADULT EDUCATION



# Explore

WHAT'S NEW



SPRING '23 COURSE CATALOG

# Explore

CHECK OUT THE CLASSES  
LISTED IN THIS CATALOG  
AND CHOOSE THE ONES  
YOU WANT TO ATTEND

# Register

AT REGISTER.WILSONTECH.ORG  
OR CALL 631-667-6000 X320



# Enjoy

AND THINK ABOUT HAVING  
A FRIEND JOIN YOU!

## PLEASE NOTE:

Courses are open to adults 18 years and older.  
You are officially enrolled as soon as your payment is confirmed  
by Western Suffolk BOCES, either in person, over the phone or  
online and you receive a confirmation.

## SPRING 2023 ADULT EDUCATION CALENDAR

Most classes begin the week of Feb. 27, 2023.

CLASSES WILL NOT MEET ON THE FOLLOWING DATES:

MARCH 14	MAY 29
APRIL 3-10	JUNE 6
MAY 4	JUNE 8
MAY 16	JUNE 19

School Closings Due to Weather: Adult classes will NOT be held  
when classes at Wilson Tech and Western Suffolk BOCES are closed  
due to weather or other emergencies. These announcements  
will be posted to the following:  
wilsontech.org - wsbores.org - Newsday.com - News12 Long Island

**OR CALL 631-667-6000 EXT. 888**

## ALL CLASSES AT WILSON TECH DIX HILLS (UNLESS OTHERWISE INDICATED)

17 WESTMINSTER AVENUE  
DIX HILLS, NY 11746

## HOW TO REACH US:

631-667-6000 X320

Email: [adulted@wsbores.org](mailto:adulted@wsbores.org)

Visit: [register.wilsontech.org](http://register.wilsontech.org)

## NON-DISCRIMINATION NOTICE

Western Suffolk BOCES does not discriminate or permit discrimination in admission or access to its educational programs or activities or in recruitment or employment on the basis of an individual's race, color, national origin, ethnic origin, disability, age, sex or gender (including sexual orientation, gender identity, gender expression, pregnancy and parental status) and BOCES is prohibited by law, including by Title IX of the Education Amendments of 1972 ("Title IX") and 34 C.F.R. Part 106, from doing so. BOCES provides equal access to the Boy Scouts and other designated youth groups. Those intending to file a grievance with BOCES due to alleged discrimination must follow the procedure in the relevant Board policy, which are available at: <https://www.wsbores.org/policies>. Inquiries concerning BOCES' non-discrimination policies, including Title IX inquiries, may be directed to: BOCES' Title IX Coordinator and Section 504 Coordinator, Dr. Hugh Gigante, who may be contacted at 507 Deer Park Rd., PO Box 8007, Huntington Station, NY 11746-9007; or (631)-549-4900, ext. 204; or by email at [hgigante@wsbores.org](mailto:hgigante@wsbores.org). Inquiries may also be directed to: U.S. Department of Education, Office for Civil Rights (New York Office), 32 Old Slip, 26th Floor, New York, NY 10005-2500; or by phone 646-428-3900; or by fax 646-428-3843; or TDD 800-877-8339; or by email [OCR.NewYork@ed.gov](mailto:OCR.NewYork@ed.gov); or file form at <http://www2.ed.gov/about/offices/list/ocr/complaintintro.html>.



## Board of Education

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# CONSTRUCTION & RELATED TRADES

## REFRIGERATION/ AIR CONDITIONING II

In this lecture class (limited hands-on), learn commercial-systems controls, heat loads and piping, the fundamentals of air conditioning systems, heating and humidifying. Instruction in specialized classroom and shop. *Prerequisite:* Refrigeration/Air Conditioning I. Textbook from Refrigeration/Air Conditioning I. (wilsontech.org/bookstore).

**23SHVC106B** \$759 M 3/6/23-6/12/23  
DH-D/HVAC 6:30-10PM 42hrs 12 sessions

## REFRIGERANT TRANSITION AND RECOVERY CERTIFICATION REVIEW AND EXAM

Includes six-hour review course and admission fee to the three-hour RTRC exam. Review basic concepts in refrigerant chemistry and oils and their applications, as well as ozone depletion, the Montreal Protocol, relevant legislation and regulations, recovery recycling and reclamation, storage, handling and transporting refrigerants.

**23SHVC108A** \$325 W 5/31/23-6/14/23  
DH-D/HVAC 6-9PM 9 hrs 3 sessions

## REFRIGERANT TRANSITION AND RECOVERY CERTIFICATION EXAM ONLY

**23SHVC109A** \$135 W 6/21/23 DH-D/  
HVAC 6-9PM 3 hrs 1 session



## BLUEPRINT READING

Course emphasizes commercial construction and includes discussions on scale, dimensioning, topography, two- and three-dimensional drawings, construction materials, cost estimating and building science basics. Lessons discuss construction drawing organization and the differences between site, architectural, structural, mechanical and electrical drawings as they relate to the complete building. Textbook additional.

**23SCON101A** \$515 TU 3/7/23-6/20/23  
DH-C/18 6:30-10PM 42 hrs 12 sessions

## HOME REMODELING

Learn basic residential construction and remodeling with emphasis on wall construction, framing, door and window

installation, molding installations, drywall and taping, metal framing, stairs, rafters, and roofing.

**23SCON114A** \$499 W 3/1/23-5/24/23  
DH-D/Carp 6-9:30PM 42 hrs 12 sessions

## OIL BURNER SERVICE II

In-depth study of oil burner controls and wiring. Learn to troubleshoot and repair residential oil burner controls for oil heating as well as hydronic and steam heating. Learn to use test equipment to set up oil burners for proper combustion and efficiency. Review troubleshooting oil burners and terminology. Textbook from Oil Burner Service I. (wilsontech.org/bookstore). Lecture/hands on.

*Prerequisite:* Oil Burner Service I.

**23SHVC104A** \$555 W 3/1/23-5/24/23  
DH-D/Plumb 6:30-10PM 42 hrs 12 sessions

## REFUND POLICY

### Refund Policy for Part-time Programs

1. If we cancel a course, all your fees are totally refunded.
2. If you cannot attend a class that has been rescheduled to a time or place other than advertised, you are entitled to a full refund.
3. If you withdraw from a class before the first scheduled class meeting, a full tuition refund, less a withdrawal fee of \$25, will be made after the withdrawal\* is requested in writing.
4. If you withdraw after the first scheduled class meeting but before the second class meeting, one-half of the tuition, less a withdrawal fee

of \$25, will be refunded after withdrawal\* is requested in writing.

**NOTE:** No refunds for any dance or fitness class after the first class begins.  
5. All extra costs, such as books or equipment that were not included in tuition price, are not subject to refund.  
6. We are unable to provide refunds for requests received after the second scheduled class meeting. Waivers may be granted only under extenuating circumstances which must be detailed in writing within five days of your last day of attendance. If a waiver is granted, it must be used within one calendar year.

Decisions to grant waivers are the prerogative of the WS BOCES administrator whose decision is final.

7. Any overpayment accepted will be totally refunded.

8. There is a \$25 fee for all returned checks.

9. Payments made with a credit card will receive refund credit on their credit card, however, any refund made after 120 days will be issued by WS BOCES check regardless of how tuition was paid.

**NOTE:** Every effort is made to provide a timely refund. Processing of refunds may take 45 days after your first scheduled day of class. Refunds will be issued by WSBoces

check or returned to the credit card used for purchase, if applicable. Our programs are supported entirely by student tuitions. No discounts can be provided. No cash payments will be accepted and no refunds will be made in cash.

*\*The date of withdrawal is the date/time your request is received at WS BOCES.*

To review all Western  
Suffolk BOCES policies,  
visit [wsboces.org/policies](http://wsboces.org/policies).





## WELDING

### COMPREHENSIVE WELDING-BASIC

If you've never welded before and are interested in this field, this comprehensive class is the perfect place to start! Become familiar through hands-on experience with Arc, Tig, Mig Oxy Fuel, and plasma cutting. Guided by master instructors, gain a better understanding of welding. This class is for a true beginner who has not welded before. *You must bring a welding helmet, jacket and proper footwear for the first class.* Complete list online at [wilsontech.org](http://wilsontech.org).

**23SWEL111A** \$489 M 3/6/23-4/24/23 DH-C/WELD  
6:30-10PM 21 hrs 6 sessions

**23SWEL111B** \$489. TU 3/7/23-4/25/23 DH-C/WELD  
6:30-10PM 21hrs 6 sessions

**23SWEL111C** \$489 W 3/8/23-4/19/23 DH-C/WELD  
6:30-10PM 21 hrs 6 sessions

**23SWEL111D** \$489. TH 3/9/23-4/20/23 DH-C/WELD  
6:30-10PM 21hrs 6 sessions

### WELDING REFRESHER

Looking for additional practice of skills you learned in class? This refresher class will give you the additional time in stick welding 6010 and 7018, all positions. You can also practice Tig welding, cold rolled steel, in all positions. *Prerequisite: Comprehensive Welding Basic or comparable experience.*

**23SWEL110A** \$360 M 5/1/23-6/12/23 DH-C/WELD 6:30-10PM 21 hrs 6 sessions

**23SWEL110B** \$360 TU 5/2/23-6/20/23 DH-C/WELD  
6:30-10PM 21hrs 6 sessions

**23SWEL110C** \$360 W 4/26/23-5/31/23 DH-C/WELD  
6:30-10PM 21 hrs 6 sessions

**23SWEL110D** \$360 TH 4/27/23-6/15/23 DH-C/WELD  
6:30-10PM 21hrs 6 sessions

### ELECTRICAL ARC WELDING I

Learn the practical application of weldments in various positions, theories of electricity, welding circuits, current controls, and types of electrodes. You must bring a welding helmet, jacket and proper footwear for the first class. Complete list online at [wilsontech.org](http://wilsontech.org). *Prerequisite: Comprehensive Welding Basic*

**23SWEL101A** \$949 W 3/8/23-5/31/23 DH-C/Weld  
6:30-10PM 42 hrs 12 sessions

### ELECTRICAL ARC WELDING II

A continuation of Electrical Arc Welding I.

You must bring a welding helmet, jacket and proper footwear for the first class. Complete list online at [wilsontech.org](http://wilsontech.org). This class fills up quickly - register early to ensure a seat in this class. *Prerequisite: Comprehensive Welding Basic*

**23SWEL102A** \$949 TH 3/9/23-6/15/23 DH-C/Weld  
6:30-10PM 42 hrs 12 sessions

### HELIARC (TIG) I

Learn theory and practical applications of heliarc welding and positions and properties of metals. You must bring a welding helmet, jacket and proper footwear for the first class. Complete list online at [wilsontech.org](http://wilsontech.org). *Prerequisite: Comprehensive Welding Basic*

**23SWEL108A** \$949 M 3/6/23-6/12/23 DH-C/Weld  
6:30-10PM 42 hrs 12 sessions

### HELIARC (TIG) II

Continue where Tig I left off. Establish an electric arc and properly deposit tack welds using GTAW process. Demonstrate an ability to weld a root pass with the proper melt through on inside of pipe using GTAW process. Practice all of these methods on 2G, 5G, and 6G positions. You must bring a welding helmet, jacket and proper footwear for the first class. Complete list online at [wilsontech.org](http://wilsontech.org). *Prerequisite: Comprehensive Welding Basic*

**23SWEL109A** \$949 TU 3/7/23-6/20/23 DH-C/Weld  
6:30-10PM 42 hrs 12 sessions

### OXYACETYLENE WELDING/MIG WELDING

Develop skill and knowledge in using oxyacetylene welding and brazing equipment. The course covers welding safety, brazing, and cutting. Students will develop skills and knowledge in the gas metal arc welding (MIG) process. Covers safety, proper machine use, welding using solid and flux cored wires. You must bring a welding helmet, jacket and proper footwear for the first class. Complete list online at [wilsontech.org](http://wilsontech.org). Students must purchase their own equipment prior to the first night of class. ([wilsontech.org](http://wilsontech.org)/ supplies) (Approx. \$150) *Prerequisite: Comprehensive Welding Basic*

**23SWEL112A** \$949 TU 3/7/23-6/20/23 DH-C/WELD  
6:30-10PM 42 hrs 12 sessions

# CONSTRUCTION & RELATED TRADES



## ELECTRICAL INSTALLATION I

Learn basic electrical theory, use of hand tools, materials, proper installation of switches, receptacles and lighting fixtures, special purpose receptacles and applications needed to apply for an entry-level electrical helper and/or apprentice job. Combination lecture/shop class. Most classes are 30-40-minute lessons followed by hands-on shop work. Students must purchase hand tools from list provided on the first night of class, (approx. \$100). Textbook additional ([wilsontech.org/bookstore](http://wilsontech.org/bookstore)).

**23SELE112A** \$815 W 3/1/23-6/14/23 DH-D/5 6:30-10PM  
52 hrs 15 sessions

## ELECTRICAL INSTALLATION II

A continuation of Electrical Installation I with emphasis on commercial and industrial systems and problems. Students may purchase additional hand tools from a list provided by the instructor the first night of class (approx. \$50). *Prerequisite: Electrical Installation I.* (Textbook from Electrical I will be used).

**23SELE103A** \$675 TU 3/7/23-6/20/23 DH-D/D5 6:30-10PM 42 hrs 12 sessions

## ELECTRICAL MOTOR CONTROL

Theory and practical application, wiring diagrams for a wide variety of motor installations and controls. Gain a better understanding of drawing line diagrams and become proficient in reading and understanding the logic concepts behind them. Learn different testing and troubleshooting techniques. Two textbooks additional.

**23SELE114A** \$495 TH 3/2/23-6/1/23 DH-D/5  
6:30-10PM 42 hrs 12 sessions

## MOTOR CONTROL - PROGRAMMABLE LOGIC CONTROLLERS (PLC) - ADVANCED

Advanced class for experienced electrician with knowledge of motor controls and Windows for PC. Review timers, counters, assembling a PLC with switches and lights, programming software on a PC and learn to program a PLC. Ideal for traffic controllers or maintenance electricians. *Prerequisite: Electric Motor Control or relevant trade experience.*

**23SELE106A** \$815 M 3/6/23-6/12/23 DH-C/10  
6:30-10PM 42 hrs 12 sessions

## INFORMATION OF INTEREST:

**HS DIPLOMA:** A high school diploma is not required for most of our evening classes, but we will help you get yours if you're interested. To start work toward your High School Equivalency Diploma, call our Career Center at 631-667-6000, x327.

**TAX INCENTIVES:** The Taxpayer Relief Act of 1997 created the Lifetime Learning Credit, an incentive to help offset the cost of continuing education. Families who meet the criteria can claim a credit equal to 20% of \$5,000 of eligible educational expenses each tax year. For further information, contact your tax advisor.

**ADDITIONAL COSTS:** Some courses require students to purchase textbooks, personal protective equipment or tools, supplies or ingredients. The course descriptions indicate any additional costs or requirements.

**TRANSCRIPTS/CERTIFICATES:** There is a \$5 fee for duplicate copies of certificates and transcripts. Visit [wilsontech.org/transcript](http://wilsontech.org/transcript) for more information.

**VETERANS BENEFITS:** Veterans may qualify for complimentary GI Bill® training at Western Suffolk BOCES/Wilson Tech through the U.S. Dept. of Veteran Affairs. Contact your local Veterans' representative or call 631-261-3600 x314 to speak with our veterans' advisor. Find more information about VA education benefits at [benefits.va.gov/gibill](http://benefits.va.gov/gibill).

**SPECIAL NEEDS:** Adult students with special needs may contact the Career Center prior to registration at 631-667-6000, x152 to discuss possible accommodations. All our facilities are wheelchair accessible. Please see [wsboces.org/accommodation](http://wsboces.org/accommodation) for forms and specific guidelines for accommodations.

# CONSTRUCTION & RELATED TRADES



## PLUMBING I - INTRODUCTION

You'll learn the proper use of common plumbing tools, equipment, plumbing theory, terminology, and how to do small repairs. Textbook additional ([wilsontech.org/bookstore](http://wilsontech.org/bookstore)).

**23SPLU105A** \$529 TH 3/2/23-6/1/23 DH-D/Plumb 6:30-10PM  
42 hrs 12 sessions



## LANDSCAPE DESIGN

Learn everything you need to know to tackle that part of your yard that needs attention. Topics will include site selection and preparation, developing your design, plant selection, installation and maintenance. Perfect for homeowners or landscapers expanding their skills. Students will be able to draw a landscape plan by the end of the class.

**23SLDD101A** \$269 TH 3/30/23-6/22/23 DH-C/221 7-10PM  
30 hrs 10 sessions

## LEARN ONLINE



### Course Categories:

- Design & Media
- Desktop Applications
- Professional Development
- Security
- Computer Applications & Programming
- Networks/Operating Systems

MORE THAN  
**800**  
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\$75 Self-Paced Tutorials

- Learn when you want
- Available 24/7
- Email support
- No software to buy

## LOCKSMITHING



### LOCKSMITHING I

Gain hands-on experience in the lucrative field of locksmithing. Learn basic locksmithing skills such as: re-keying, shimming, picking, and impressioning. Locksmithing tool kit additional, (approximately \$300).

**23SSEC101A** \$675 M 3/6/23-6/12/23 DH-D/D6  
6:30-9:30PM 36 hrs 12 sessions

### LOCKSMITHING II

Student will gain hands-on experience with many popular brands of residential, commercial and industrial lock hardware in use today. Gain experience with safes, automotive locks, Master key systems, and much more. *Prerequisite: Introduction to Locksmithing.* Textbook additional ([wilsontech.org/bookstore](http://wilsontech.org/bookstore)).

**23SSEC102A** \$695 TU 3/7/23-6/20/23 DH-D/D6  
6:30-9:30PM 36 hrs 12 sessions



# AUTO MAINTENANCE & REPAIR

## **AUTO BODY REPAIR**

Learn the fundamentals of metal and damage stress repair. Practice using auto body tools and plastic filling.

**23SAUT102A**, \$380 TH 4/13/23-6/22/23 DH-C/Autobody1  
6 -10PM 36 hrs 9 sessions

## **AUTO BODY REFINISHING**

Learn spraying, use of various solvents, surface preparation, and masking. Hands-on instruction in pinstriping and basic painting techniques will be covered. Note: Students are responsible for own paint.

**23SAUT101A**, \$380 TU 3/7/23-6/20/23 DH-C/AUTOBODY1  
6:30-10PM 42 hrs 12 sessions

## **AUTO MECHANICS I**

General introduction to automotive cooling; fuel, electrical and ignition systems; tune-ups; drive lines and components; and suspension, steering and brake systems.

**23SAUT103A**, \$399 M 3/6/23-6/12/23 DH-C/AUTMECH1  
6:30-10PM 42 hrs, 12 sessions

**23SAUT103B**, \$399 TH 3/2/23-6/1/23 DH-C/AUTMECH1  
6:30-10PM 42 hrs 12 sessions



## **AUTO MECHANICS II**

Advanced levels of troubleshooting, vehicle servicing, diagnostics, engine mechanical, engine performance, electrical systems, fuel systems, brakes, suspension, steering and alignment.  
*Prerequisite: Auto Mechanics I or prior experience.*

**23SAUT104A**, \$449, W 3/1/23-5/24/23, DH-C/AUTMECH1 6:30-10PM 42 hrs 12 sessions

## **AUTO SERVICE CONSULTANT/ SERVICE WRITER**

Gain the knowledge for a career as an Automotive Service Consultant/ Service Writer. Develop communication, customer relations, sales, shop operations and repair order (RO) writing skills.

**23SAUT110A**, \$215 TU 4/18/23-6/20/23 DH-C/AUTMECHII 6-9PM, 24 hrs 8 sessions

## **SMALL ENGINE REPAIR**

### **2- OR 4-STROKE**

An individualized course of study for the beginner to intermediate mechanic or homeowner. Learn theory and receive hands-on training in diagnosis, troubleshooting, maintenance, and repair of small 2-stroke and 4-stroke air cooled engines common to home use and the landscaping trade. Students should bring a used, 2- or 4-stroke engine to class.

**23SSER101A** \$345 W 3/1/23-5/24/23 DH-C/AUTOBODY I 6:30-10PM 42 hrs 12 sessions



## **MARINE ENGINES & SYSTEMS**

This class is designed for boating enthusiasts looking to work on their own boats. Course includes basic operating principles and procedures for tune-ups, water pumps and winterizing procedures. Marine engine technology topics include: working on outboard and inboard engines, stern drive engines and systems.

**23SMAR103A** \$365 W 3/1/23-5/24/23 DH-C/AUTOBODY II 6-9:30PM 42 hrs 12 sessions

# COOKING & BAKING

*Instructor will email a list of ingredients prior to class. Please be sure to check spam folder.*

## CAKES & TORTES

Prepare icing and glazes, learn fun decorating techniques, and how to properly slice and layer cakes.

**23SCUL155A** \$175 M 5/8/23-6/5/23,  
DH-B/CULC 6-9PM 12 hrs 4 sessions

## CAKE AND CUPCAKE DECORATING I

Create the cakes and cupcakes you see in magazines! Learn basic techniques to decorate beautiful cakes and cupcakes with tools for piping, making flowers and roses and writing messages. Students supply decorating tips.

**23SCUL193A** \$95 TU 2/28/23-3/21/23  
DH-B/CULC 6-9PM, 9 hrs, 3 sessions

## CAKE AND CUPCAKE DECORATING II

Learn different tips for flowers, borders, and other decorations; proper decoration of the side of a cake; and writing. *Prerequisite: Cake and Cupcake Decorating I*

**23SCUL194A** \$95 TU 3/28/23-4/18/23  
DH-B/CULC 6-9PM, 9 hrs, 3 sessions

## CAKE AND CUPCAKE DECORATING III

Class covers how to work with fondant, layers, and how to properly build structures and stability for multiple tier cakes. *Prerequisite: Cake and Cupcake Decorating II*

**23SCUL195A** \$95 TU 4/25/23-5/9/23,  
DH-B/CULC, 6-9PM, 9 hrs, 3 sessions

## FABULOUS FONDANT

Learn to work with this delicious decoration. *Prerequisite: Cake and Cupcake Decorating I-III or equivalent experience.*

**23SCUL202A** \$95 TU 5/23/23-6/13/23  
DH-B/CULC 6-9PM 9 hrs 3 sessions

## PERFECT PASTRIES

Perfect your pastry making with professional techniques.

**23SCUL208A** \$79 TH 6/15/23-6/22/23  
DH-B/CULC 6-9PM 6 hrs 2 sessions



## BASIC SAUCES

Learn to make delicious sauces using various techniques. From traditional to non-traditional and gluten free too!

**23SCUL184A** \$95 TH 3/2/23-3/16/23  
DH-B/CULC 6-9PM, 9 hrs, 3 sessions

## ASIAN FUSION

Blend various Asian styles of cooking to create a culinary delight.

**23SCUL121A** \$79 TH 3/23/23-3/30/23  
DH-B/CULC 6-9PM, 6 hrs 2 sessions

## LATIN/MEXICAN CUISINE

Learn how to use authentic Latin American/ Mexican ingredients and techniques to spice up your next meal.

**23SCUL146A** \$79 TH 4/13/23-4/20/23  
DH-B/CULC 6-9PM 6hrs 2 sessions

## FUNDAMENTALS OF BAKING

Serious home bakers and aspiring bakers who wish to master the fundamentals of baking and pastry arts will learn classic methods and techniques including mixing methods and their effects on batters and doughs, how to read and interpret baking formulas and percentages as well as the importance of accurate weighing and measuring.

**23SCUL154A** \$399 M 2/27/23-5/1/23  
DH-B/CULC 6-9PM 24 hrs 8 sessions

## CULINARY BASICS I

Covers knife usage, sanitation practices, proper cooking temperatures, baking and roasting.

**23SCUL139A** \$129 W 3/1/23-3/22/23 DH-B/CULC 6-9PM  
12 hrs 4 sessions

## CULINARY BASICS II

Learn more about cooking temperatures, sanitization, sautéing, grilling, salads and knife skills.

**23SCUL144A** \$129 W 3/29/23-4/26/23 DH-B/CULC 6-9PM  
12 hrs 4 sessions

## CULINARY BASICS III

Sauté, pan-fry, blanch, boil and braise, emulsify and store different foods.

**23SCUL145A** \$129 W 5/3/23-5/24/23 DH-B/CULC 6-9PM  
12hrs 4 sessions

## CULINARY BASICS IV

Learn several cooking techniques, simple desserts and menu planning for that perfect meal!

**23SCUL185A** \$129 W 5/31/23-6/21/23 DH-B/CULC 6-9PM  
12hrs 4 sessions



# COOKING & BAKING

*Instructor will email a list of ingredients prior to class. Please be sure to check spam folder.*



## LITTLE NIBBLES

These mini culinary courses are sure to improve your cooking skills as you focus on a few dishes at a time. No prior cooking experience necessary.

All classes \$39 each, 3hr, 1 session, 6-9PM. All classes meet in DH-B/CULC.

**\$39**  
*each!*

### • SPRING/SUMMER FRUIT PIES

23SCUL219A TH 6/1/23

### • BRUNCH FAVORITES

23SCUL218A TH 5/11/23

### • JAMS, JELLIES & PRESERVES

23SCUL178A TH 5/25/23

### • SIMPLE APPETIZERS

23SCUL127A TH 4/27/23

### • HERBS & VEGETABLES

23SCUL189A TH 5/18/23

### • NO BAKE DESSERTS

23SCUL112A M 6/12/23

*Note: All classes listed below meet in DH-B/CULA.*

## NOSTALGIC ITALIAN SUNDAY DINNER

Miss Sunday dinners? Make the classic Italian favorites and watch your family and friends gather!

**23SCUL164A** \$79 TH 3/2/23-3/9/23

6-9PM, 6 hrs, 2 sessions

**23SCUL164B** \$79 TH 5/25/23-6/1/23

6-9PM, 6 hrs, 2 sessions

## THE ART OF CURRY

Use Indian spices and cooking techniques to make delicious white, red, yellow and coconut curries. Class covers meat and vegetarian options.

**23SCUL198A** \$79 W 5/17/23-5/24/23

6-9PM, 6 hrs, 2 sessions

## VEGAN BAKING

Re-imagine old favorites using plant-based ingredients that provide flavors similar to those of eggs, dairy, sugars, and animal fats.

**23SCUL221A** \$49 M 3/20/23 6-9PM 3

hrs, 1 session

## GLUTEN-FREE COOKING

Learn about starches that can be part of a gluten-free diet including Buckwheat, Flax, flours (rice, soy, corn, potato and bean), Millet, and Quinoa.

**23SCUL141A** \$79 TH 4/13/23-4/20/23

6-9PM, 6 hrs, 2 sessions

## SUMMER SALADS

In a salad rut? Try new recipes that will soon be favorites. From a unique pasta salad to a watermelon salad, you're sure to impress!

**23SCUL220A** \$79 M 5/15/23-5/22/23

6-9PM, 6 hrs, 2 sessions

**23SCUL220B** \$79 W 6/7/23-6/14/23

6-9PM, 6 hrs, 2 sessions

## 30 MINUTE MEALS

Make savory meals in 30 minutes.

Perfect for those always on the go!

**23SCUL128A** \$79 W 3/15/23-3/22/23

6-9PM, 6 hrs, 2 sessions

## ALL ABOUT THE SIDES

No matter the season or the main protein, there's always a perfect side! Add color, health benefits and great flavor with veggies and starches.

**23SCUL215A** \$39 TH 3/30/23 6-9PM 3

hrs, 1 session

## FROM THE SEA

Like seafood but not sure how or what to prepare? This class will expand your healthy, nutritious meal options.

**23SCUL165A** \$49 TH 3/23/23 6-9PM,

3 hrs, 1 session

**23SCUL165B** \$49 W 5/10/23 6-9PM,

3 hrs, 1 session

## COOKING WITH PLANT-BASED ALTERNATIVES

Explore the basic whole food or minimally processed ingredients to have on hand for unique and flavorful plant-based meals. Recipes include fruits, vegetables, nuts, seeds, oils, whole grains, legumes, and beans.

**23SCUL217A** \$79 W 4/12/23-4/19/23

6-9PM 6 hrs, 2 sessions

**23SCUL217B** \$79 TH 5/11/23-5/18/23

6-9PM 6 hrs, 2 sessions

## BASIC KNIFE SKILLS

Learn the different types of knives, safe use and proper care to ensure maximum life. Chop, slice and dice for a professional presentation, efficiency and accuracy.

**23SCUL111A** \$49 W 3/29/23 7-9PM

2 hrs, 1 session

**23SCUL111B** \$49 W 4/26/23 7-9PM

2 hrs, 1 session

→   
**REGISTER**  
**TODAY**

## NEW!

### MAKE-UP APPLICATION 101

Discover colors that suit your skin tone, eyes and hair color. Choosing the right make-up will enhance your overall image. The result is a natural look that enhances your every feature! Learn the do's and don'ts of everyday make-up application. Students can bring in their make-up and brushes to practice with in class.

**23SAPP105A** \$169 TU 3/7/23-3/28/23 DH-C/COSLAB4 6-9PM 9 hrs 3 sessions

**23SAPP105B** \$169 TH 3/9/23-3/23/23 DH-C/ COSLAB4 6-9PM 9 hrs 3 sessions

**23SAPP105C** \$169 TU 4/11/23-4/25/23 DH-C/ COSLAB4 6-9PM 9 hrs 3 sessions

**23SAPP105D** \$169 TU 5/9/23-5/30/23 DH-C/COSLAB4 6-9PM 9 hrs 3 sessions

## NEW!

### MAKE-UP APPLICATION 102

A more advanced course in the application of makeup. Take your everyday look and transform it to another level. Discover the techniques that will take you from day to evening. Learn the art of the "smoky eye" as well as eyelash application. Students can bring in their make-up and brushes to practice with in class.

*Prerequisite: Make-Up Application 101*

**23SAPP106A** \$169 TH 4/13/23-4/27/23 DH-C/ COSLAB4 6-9PM 9 hrs 3 sessions

**23SAPP106B** \$169 TH 5/11/23-5/25/23 DH-C/ COSLAB4 6-9PM 9 hrs 3 sessions

**23SAPP106C** \$169 TH 6/1/23-6/22/23 DH-C/ COSLAB4 6-9PM 9 hrs 3 sessions

## NEW!

### MAKE-UP BASICS

In this course you will learn the basics of what you should have in your make-up kit by instructor led discussions and demonstrations of the different types of makeup brushes and how they are used. Covers the difference between color correctors and concealers and how to apply them correctly, as well as the different types of foundations and the best for different skin types. Learn how to highlight and contour the face to achieve a natural glow. Learn how long certain make-up products will last and when you should replace them.

**23SAPP118A** \$79 M 3/13/23-3/20/23 DH-C/COSLAB4 6-9PM 6 hrs 2 sessions

**23SAPP118B** \$79 W 3/22/23-3/29/23 DH-C/COSLAB4 6-9PM 6 hrs 2 sessions

**23SAPP118C** \$79 M 4/17/23-4/24/23 DH-C/COSLAB4 6-9PM 6 hrs 2 sessions

**23SAPP118D** \$79 W 5/3/23-5/10/23 DH-C/COSLAB4 6-9PM 6 hrs 2 sessions

**23SAPP118E** \$79 W 6/7/23-6/14/23 DH-C/COSLAB4 6-9PM 6 hrs 2 sessions



## SEWING

### BEGINNER'S QUILT PIECING CLASS

Learn the basics of cutting fabric, stitching with a 1/4" seam allowance, piecing rows together and the techniques of a 4-patch and flying geese blocks. By the end of the course, you will have a nearly completed wall hanging or table topper. A supply list will be provided the first night of class. Students are encouraged to bring their own fabric.

**23SSEW103A** \$249 TH  
3/2/23-5/18/23 DH-C/225  
6-9PM 30 hrs, 10 sessions

### SEWING AND ALTERATIONS

In this class you will complete various projects so you become comfortable with sewing and the basic functions of the sewing machine. Learn how to make pillows with a zipper, sew a basic hem on pants, shorten sleeves on jackets and create a skirt out of a pattern. Bring your own portable machine or use Tech's machines.

**23SSEW101A** \$319 TU  
3/7/23-5/30/23 DH-C/225  
6-9PM 30 hrs, 10 sessions



## ***New!***

### **INTRO TO AROMATHERAPY & ESSENTIAL OILS**

A beginner course for learning the history and background of plant medicine and essential oils, what they are and how they are used for therapeutic benefits. This is a great class for anyone who is new to essential oils and wants to learn the basics.

**23SFIT200A** \$25 TU 2/28/23 DH-C/11  
6:30-8PM 1.5hrs 1 session

### **INTRO TO AROMATHERAPY FOR PROFESSIONALS**

If you are a licensed massage therapist or a related professional looking to enhance your practice with essential oils, this is the start you'll need! Learn the basics of aromatherapy and how you can incorporate essential oils as a service benefiting clients. Demonstrations of different techniques and protocols of aromatherapy and oils will be covered.

**23SFIT161A** \$49 TU 5/23/23 DH-C/11  
6:30-9:30PM 3 hrs 1 session

### **ESSENTIAL OILS FOR PERSONAL HEALTHCARE**

Learn to use essential oils for personal well-being. You will have the option to make your own personal essential oil mixture to take home. A \$20 supply fee is payable to instructor (money order only).

**23SFIT162A** \$95 TU 3/21/23-3/28/23  
DH-C/11 6:30-9:30PM 6 hrs 2 sessions

**23SFIT162B** \$95 TU 5/2/23-5/9/23  
DH-C/11 6:30-9:30PM 6 hrs 2 sessions

### **NATURAL SKINCARE**

Learn how the essential oils from plants, flowers and herbs can help keep your skin healthy and radiant. You will have the opportunity to make your own skin ointment and face mask. A \$15 supply fee is payable to instructor (money order only).

**23SFIT165A** \$49 TU 4/11/23 DH-C/11  
6:30-9:30PM 3 hrs 1 session

**23SFIT165B** \$49 TU 5/30/23 DH-C/11  
6:30-9:30PM 3 hrs 1 session



## ***NEW!***

### **NATURAL RELIEF FOR ALLERGY AND HEADACHE**

Learn natural ways to alleviate allergy and headache symptoms using a variety of treatments including self-massage, acupressure, plants and essential oils. You will have the option to make your own essential oil roll-on for allergy relief. A \$20 supply fee is payable to instructor (money order only).

**23SFIT201A** \$49 TU 3/7/23 DH-C/11 6:30-9:30PM 3 hrs 1 session

## ***NEW!***

### **ESSENTIAL OILS FOR SUMMER HEALTH & BEAUTY**

Learn natural ways to care for you and your family during the summer with plants and essential oils. You will also have the option to make your own roll-on mosquito repellent using essential oils. A \$20 supply fee is payable to instructor (money order only).

**23SFIT202A** \$49 TU 6/27/23 DH-C/11 6:30-9:30PM 3 hrs 1 session

### **ESSENTIAL OILS FOR PAIN RELIEF**

Learn how the therapeutic properties of essential oils may help relieve muscle spasms, reduce inflammation and alleviate nerve, muscle and joint pain. Bring your favorite unscented lotion or carrier oil to class. You will have the option to make your own ointment to take home. A \$15 supply fee is payable to instructor (money order only).

**23SFIT163A** \$49 TU 4/18/23 DH-C/11  
6:30-9:30PM 3 hrs 1 session

**23SFIT163B** \$49 TU 6/13/23 DH-C/11  
6:30-9:30PM 3 hrs 1 session

### **ESSENTIAL OILS FOR THE HOME**

This class shows how to use aromatherapy and essential oils throughout the home for gardening, insect control, laundry, cleaning, air fresheners and minor first aid. You will have the option to make your own bleach alternative that you can take home and use. A \$15 supply fee is payable to instructor (money order only). Please bring a clean empty laundry soap container or other large clean bottle.

**23SFIT164A** \$49 TU 4/25/23 DH-C/11  
6:30-9:30PM 3 hrs 1 session





## PERSONAL TRAINER

Prepare to take the Personal Trainer Certification exam from the International Sports Sciences Association (ISSA). Learn basic exercise science, nutrition, fitness assessment, exercise programming, instructional and spotting techniques. Study anatomy, kinesiology, injury prevention, supplementation and nutrition and all aspects of weight and strength training as you prepare for employment as a personal trainer in a gym or fitness center or as a consultant for your own business. You'll gain firsthand experience in Tech's fitness center where you'll learn to apply your coursework to health and fitness programming on state-of-the-art exercise equipment. Certification exam administered by ISSA; CPR required for certification (included in tuition). Textbook included.

**23SMED111A** \$1130 TU/TH 3/21/23-5/18/23 REP/123 6-9PM 44 hrs 15 sessions

*\* This class will be held at Wilson Tech Farmingdale, Route 110 (Behind Marriott) Republic Airport*

## YOGA

Relax and enjoy moving through various yoga poses to tone your body while increasing your energy and improving your physical, mental and spiritual well-being. For men and women of all ages. Bring a yoga mat and wear loose clothing.

**23SFIT104A** \$69 TU 4/18/23-6/20/23 DH-A/ GYM 6-7PM 8 hrs 8 sessions

## MEDITATION

Reduce your stress and tension through meditation. Explore techniques that you can employ every day to decompress, stay centered and avoid burn out. No experience with meditation is necessary. Bring a mat, towel and water. A small pillow is recommended if you prefer to lie down during meditation. Dress in loose, comfortable clothes.

**23SFIT160A** \$69 TH 2/9/23-4/13/23 DH-C/LCR 7-8PM 8hrs 8 sessions

**23SFIT160B** \$69 TH 4/20/23-6/29/23 DH-C/LCR 7-8PM 8hrs 8 sessions

## CHI GONG FOR VITALITY & JOY!

Enjoy practicing the ancient uplifting system of meditative movements known as Chi (energy) Gong (cultivation). Improve coordination, stamina, strength, balance, and clarity. Enhance your breathing and general wellness. The powerful exercises in this class are fluid, easy to learn, and low impact. Wear comfortable loose clothing and sneakers and bring water.

**23SFIT120A** \$69 W 3/1/23-4/26/23 DH-A/Gym 4-5PM 8 hrs 8 sessions

**23SFIT120B** \$69 W 3/1/23-4/26/23 DH-A/Gym 5:45-6:45PM 8 hrs 8 sessions

**23SFIT120C** \$69 W 5/3/23-6/21/23 DH-A/Gym 4-5PM, 8 hrs 8 sessions

**23SFIT120D** \$69 W 5/3/23-6/21/23 DH-A/Gym 5:45-6:45PM, 8 hrs 8 sessions

## PILATES

In this Pilates class, you will sculpt long, lean muscles and define your core by doing a combination of standing and sitting exercises that incorporate the principles of breathing, control, and posture. Proper form and technique will be demonstrated along with modifications so that all can participate. Bring a yoga mat and a bottle of water.

**23SFIT100A** \$69 W 3/1/23-4/26/23 DH-B/WILSRM 6-7PM 8 hrs 8 sessions

**23SFIT100B** \$69 W 3/1/23-4/26/23 DH-B/WILSRM 7-8PM 8 hrs 8 sessions

**23SFIT100C** \$69 W 5/3/23-6/21/23 DH-B/WILSRM 6-7PM 8 hrs 8 sessions

**23SFIT100D** \$69 W 5/3/23-6/21/23 DH-B/WILSRM 7-8PM 8hrs 8 sessions

**MEDICAL DISCLAIMER:** You should consult your physician/healthcare provider before beginning any fitness/dance program to determine if it is right for your needs, particularly if you (or your family) have a history of high blood pressure or heart disease; you have ever experienced chest pain when exercising; you have experienced chest pain in the past month when not engaged in physical activity; you smoke; you have high cholesterol; you are obese; and/or you have a bone or joint problem that could be made worse by a change in physical activity. Do not start any fitness/dance program if your physician/healthcare provider advises against it.

## DANCE



### ARGENTINE TANGO

Transport yourself to beautiful Buenos Aires. Learn to dance one of the most exciting dances created. Singles and couples welcome.

**23SDAN115A** \$69 M 2/6/23-4/17/23 DH-A/Gym 6-7PM 8hrs 8 sessions

**23SDAN115B** \$69 M 4/24/23-6/26/23 DH-A/Gym 6-7PM 8 hrs 8 sessions

### DANCING FOR CONNECTION: FOX TROT, WALTZ, RUMBA -INTRO

Learn the fundamentals of these graceful dances for your next party. Singles and couples welcome.

**23SDAN112A** \$69 M 2/6/23-4/17/23 DH-A/Gym 7:10-8:10PM 8hrs 8 sessions

**23SDAN112B** \$69 M 4/24/23-6/26/23 DH-A/Gym 7:10-8:10PM 8 hrs 8 sessions

### LATIN BASICS: SALSA, MERENGUE, BACHATA, CHA CHA - INTRO

Learn the basic steps of these fast-paced dances! Singles and couples welcome.

**23SDAN111A** \$69 M 2/6/23-4/17/23 DH-A/Gym 8:15-9:15PM 8hrs 8 sessions

**23SDAN111B** \$69 M 4/24/23-6/26/23 DH-A/Gym 8:15-9:15PM 8 hrs 8 sessions

### SPECIAL EVENT/WEDDING DANCING

Wow your friends with the Merengue, Swing and Hustle at your next big event! Singles and couples welcome.

**23SDAN114A** \$69 W 3/1/23-4/26/23 DH-A/Gym 7:15-8:15PM 8 hrs 8 sessions

**23DAN114B** \$69 W 5/3/23-6/21/23 DH-A/Gym 7:15-8:15PM 8 hrs 8 sessions

### PRACTICE CLASS - LATIN/RHYTHM/SLOW DANCING

Gain confidence and improve your fundamental skills. Singles and couples welcome.

**23SDAN113A** \$69 W 3/1/23-4/26/23 DH-A/Gym 8:30-9:30PM 8hrs 8 sessions

**23SDAN113B** \$69 W 5/3/23-6/21/23 DH-A/Gym 8:30-9:30PM 8hrs 8 sessions

## FLOWERS



### DIY FRESH FLOWER ARRANGEMENTS

Learn how to make gorgeous arrangements from cut flowers available from the florist, grocery store or your own backyard. The class covers the fundamentals of floral design. An email will be sent prior to first class to all students with suggestions of fresh flowers to purchase for making your own arrangements.

**23SIDD136A** \$59 TU 3/21/23 & 3/28/23  
DH-C/staff lounge 6-9PM, 6 hrs,  
2 sessions



### WREATH WORKSHOP

A beautiful wreath is an easy way to keep your home feeling festive throughout the seasons. First class covers the fundamentals of designing a wreath. Then, the instructor will suggest flowers and/or vines and materials for you to buy (approx. \$25+) depending on size of arrangement you want to make in second class. If you choose not to make your own, you may participate in a project with the instructor to learn the techniques. First class is approximately 1.5 hrs.

**23SIDD144A** \$59 W 4/12/23 & 4/19/23  
DH-C/staff lounge 6-9PM, 6 hrs,  
2 sessions



## **DECIPHERING YOUR DSLR 101**

Become familiar with the basics of your digital camera. Class covers exposure, shooting modes and basic camera settings.

**23SMGA163A** \$29 M 3/6/23 DH-C/18  
6:30-9:30PM 3 hrs 1 session

## **DECIPHERING YOUR DIGITAL CAMERA AND LENS 102**

Class picks up where 101 leaves off. Expand your knowledge to include memory cards, wide angle and telephoto lens controls/aperture settings and more! Bring your camera!

**23SMGA164A** \$29 M 3/13/23 DH-C/18  
6:30-9:30PM 3 hrs 1 session

## **DIGITAL PHOTOGRAPHY BOOTCAMP**

Beginner course that will introduce the basic concepts of digital photography with a DSLR. No prior photography knowledge is required. The four-week course focuses on exposure, apertures, shutter speeds, white balance, ISO, file size and type. Composition and post processing techniques will be introduced.

**23SMGA174A** \$115, W 3/1/23-3/22/23,  
6-9PM, DH-C/11, 12 hrs, 4 sessions

## **IMPROVE YOUR COMPOSITION**

Looking for ways to better compose your portraits? This class covers how to use lens perspectives to improve your composition. Find your focus and use the light for those stunning compositions.

**23SMGA168A** \$59 W 4/19/23-4/26/23  
DH-E/PHOTO 6:30-9:30PM 6 hrs 2 sessions

## **NIGHT PHOTOGRAPHY**

Learn how to capture great photos at night and shoot the night sky, city scape, night portraits and the moon. Proper setup and use of a tri-pod, taking photos with long exposures and painting with light will also be covered.

**23SMGA172A** \$59 W 5/3/23-5/10/23  
DH-C/16 6:30-9:30PM 6 hrs 2 sessions

## **STUDIO LIGHTING BASICS**

Overview of the studio and available lighting tools and techniques. Class covers multiple lights set-up and how to use a light meter. Color correction and basic posing techniques covered to get that perfect studio shot.

**23SMGA171A** \$59 TU 4/11/23-4/18/23  
DH-E/PHOTO 6:30-9:30PM  
6 hrs 2 sessions

## **PHOTOSHOP I**

Learn the power of Photoshop to take photos to the next level. Covers tools, layout, layers and plug-ins. Students will have access to a computer with Photoshop for an interactive learning experience.

**23SMGA175A** \$89 W 5/17/23-5/31/23  
DH-E/ADVART 6:30-9:30PM  
9 hrs 3 sessions

## **PHOTOSHOP II**

Picks up where Photoshop I leaves off. Further explore tools, layout layers, plugins and more! Students will have access to a computer with Photoshop for an interactive learning experience.

*Prerequisite: Photoshop I*

**23SMGA176A** \$89 TU 6/7/23-6/21/23  
DH-E/ADVART 6:30-9:30PM  
9 hrs 3 sessions

## **ADOBE LIGHTROOM CLASSIC & CLOUD FOR BEGINNERS**

Learn to use Lightroom to import and organize photos. Edit and enhance photos and develop a workflow.

**23SMGA165A** \$89 M 5/15/23-6/5/23  
DH-E/ADVART 6:30-9:30PM, 9 hrs,  
3 sessions

## **SPORTS PHOTOGRAPHY**

Learn to master shutter speeds to capture hard-to-get action shots, to properly use the focus system, add flash, and use telephoto lenses.

**23SMGA167A** \$29 M 4/24/23 DH-C/9  
6:30-9:30PM 3 hrs 1 session

## **VIDEO FOR DSLR - INTRO**

Learn the best settings and techniques to get the most out of your equipment. Class will cover how to post and process your videos and create movies.

**23SMGA169A** \$29 M 3/20/23 DH-C/18  
6:30-9:30PM 3 hrs 1 session

## **MACRO PHOTOGRAPHY**

Explore the amazing world of Macro Photography. Learn how to make your lens a Macro lens. Use extension tube, focus rails and lighting. Don't know how to use focus stacking? It's covered!

**23SMGA166A** \$59 M 5/1/23-5/8/23  
DH-C/16 6:30-9:30PM 6 hrs 2 sessions



# COMPUTER TECHNOLOGY



## NEW!

### OFFICE 2019 OVERVIEW

Learn the basic functions of Word, PowerPoint, Excel and Access. Become familiar with the new Office 2013 ribbon and basic navigation in documents. Whether you are new to Microsoft Office or a current user, you will gain practical tips and shortcuts to make all of your projects faster and easier to complete. *Textbook additional (wilsontech.org/bookstore).*  
**23SCOM139A** \$339 M 3/13/23-5/15/23 DH-C/224 6:00-9:00PM, 24hrs 8 sessions



## ICLASSES

Classes designed for beginner users of iPhones and iPads that cover how to set up a new device, download apps, browse the web, take pictures, get music, and access the cloud. Bring your iPhone/iPad to class.

All classes held at DH-C/224  
6:30-9:30PM 3 hrs

- **iPhone/iPad I**  
**23SCOM156A** \$29 W 6/7/23
- **iPhone/iPad II**  
**23SCOM157A** \$29 W 6/14/23
- **iPhone/iPad III**  
**23SCOM158A** \$29 W 6/21/23
- **iPhone/iPad IV**  
**23SCOM159A** \$29 W 6/28/23

## AUTOCAD - BEGINNER

Hands-on introduction to 2D AutoCAD drawing and the 3D capabilities of the architectural desktop add-on. Learn beginning skills and commands to use this computer-aided drawing software used in manufacturing and architecture. Optional lab time will be available one hour before each class for students to complete work for class projects.

**23SCAD101A** \$769 W, 3/29/23-6/21/23, DH-C/18 6:30-10PM 42 hrs 12 sessions

## AUTOCAD AND 3D MODELING INTERMEDIATE

A continuation of AutoCAD 1 with the addition of 3D modeling. Create and use a template with customized settings and title blocks to produce complete drawings. *Prerequisite: Ability to use the AutoCAD commands introduced in AutoCAD 1.* AutoCAD Beginner or relevant experience. Optional lab time will be available one hour before class.

**23SCAD103A** \$385, TH, 5/11/23-6/22/23 DH-C/18 6:00-9:30PM 21 hrs 6 Sessions

## COMPUTER ELECTRONICS/ CONSTRUCTION

Learn to build, install, upgrade and repair personal computer hardware and operating systems. Topics include

personal computer hardware; Windows XP, Windows Vista, Windows 7, Windows 8, and Linux operating systems installation; maintenance and file sharing; removal of malicious software; basic networking; remote desktop access; and computer security. Other topics may be added based on current trends. Textbook additional (wilsontech.org/bookstore).

**23SCOM120A** \$599 M 3/6/23-6/12/23 DH-C/223 6:30-10PM 42 hrs 12 sessions

## A+ CERTIFICATION PREP PART 1: HARDWARE

Prepare for the hardware portions of CompTia's A+ exams. *Prerequisites: Computer Electronics/Construction or equivalent knowledge and experience.* Textbook additional (wilsontech.org/bookstore).

**23SCOM121A** \$599, W, 3/1/23-5/24/23 DH-C/223 6:30-10PM 42 hrs 12 sessions

## QUICKBOOKS 2018 LEVEL II

Learn how to analyze financial data to find input errors, set up inventory, track and pay sales tax, run payroll, track time, customize forms. *Prerequisite: Quickbooks 2018, Level I.*

**23SCOM131A** \$489 TH 4/20/23-6/22/23 DH-C/202 6-10PM 28 hrs 7 sessions



## CREATE YOUR WEBSITE WITH WORDPRESS

Learn the basics of the Wordpress Dashboard. Manage your content through posts, pages and links. Customize your site with one of the many themes that Wordpress has to offer. Include media such as images, videos and sound clips.

**23SMGA150A** \$129 M 5/22/23-6/5/23 DH-C/18 7-10PM 6hrs 2 sessions



## FACEBOOK / INSTAGRAM / TWITTER / LINKEDIN

All classes held at DH-C/224 6:30-9:30PM

### FOR BUSINESS

Business accounts must be created prior to attending all Social Media for Business classes. Learn how Facebook, LinkedIn, Twitter and Instagram can grow and optimize your business and how social media tools can analyze the effectiveness of your strategies.

*Introductory Courses:* An overview of the specific platforms shows how to tailor the specific social media tool to match business strategies and how to use tools for monitoring trends. Learn from real case studies as you gain hands-on experience.

*Intermediate Courses:* Develop your social media presence into a powerful brand building-tool and gain a more in-depth understanding of the fundamentals of social media analytics.

#### ■ FACEBOOK FOR BUSINESS-BEGINNER

23SCOM116A \$65 W 3/1/23

#### ■ TWITTER/LINKEDIN FOR-BUSINESS BEGINNERS

23SCOM118A \$65 W 5/3/23

#### ■ INSTAGRAM FOR BUSINESS-BEGINNER

23SCOM142A \$65 W 3/29/23

#### ■ FACEBOOK FOR BUSINESS-INTERMEDIATE

23SCOM117A \$65 W 3/8/23

#### ■ TWITTER/LINKEDIN FOR-BUSINESS-INTERMEDIATE

23SCOM119A \$65 W 5/10/23

#### ■ INSTAGRAM FOR BUSINESS-INTERMEDIATE

23SCOM143A \$65 W 4/12/23

### FOR PERSONAL USE

Create a profile on social media and learn how to connect with people and about important settings and privacy.

*Introductory Courses:* Gain an overview of the specific site and how to set it up for your personal use.

*Intermediate Courses:* Once you have created your personal page, expand your knowledge of the account settings, how to upload photos, videos and links.

#### ■ INSTAGRAM-BEGINNER

23SCOM145A \$65 W 4/19/23

#### ■ TWITTER-BEGINNER

23SCOM150A \$65 W 5/17/23

#### ■ FACEBOOK-BEGINNER

23SCOM144A \$65 W 3/15/23

#### ■ INSTAGRAM-INTERMEDIATE

23SCOM148A \$65 W 4/26/23

#### ■ TWITTER-INTERMEDIATE

23SCOM151A \$65 W 5/24/23

#### ■ FACEBOOK-INTERMEDIATE

23SCOM147A \$65 W 3/22/23

# CPR & FIRST AID-



## INFECTION CONTROL

Healthcare providers in New York State are obligated to protect themselves and their patients from disease transmission. Based on the NYS Infection Control Syllabus, this class will show you the clinically accepted methods for preventing the spread of illness between patient and provider, provider and patient, and between patients. Official completion certificates are valid for four years and meet requirements for RNs, LPNs, and dental professionals.

**23SHEA127A** \$69 M 3/13/23 DH-C/9 7-9PM 2 hrs 1 session

**23SHEA127B** \$69 TU 4/18/23 DH-C/9 7-9PM 2 hrs 1 session

**23SHEA127C** \$69 W 5/17/23 DH-C/9 7-9PM 2 hrs 1 session

**23SHEA127D** \$69 TH 6/15/23 DH-C/9 7-9PM 2 hrs 1 session

## AMERICAN HEART ASSOCIATION (AHA) HEART SAVER FIRST AID

Heartsaver First Aid is a video-based course that teaches students critical skills to respond to and manage the first few minutes of an emergency. Students learn the duties and responsibilities of first aid rescuers; first aid actions for medical emergencies, including severe choking, heart attack, and stroke; and skills for handling injury and environmental emergencies, including external bleeding, broken bones and sprains, and bites and stings. This course is for anyone with limited or no medical training who needs a course completion card in first aid to meet job, regulatory, or other requirements. Certification is valid for two years. THIS

COURSE WILL NOT MEET REQUIREMENTS FOR HEALTHCARE PROVIDERS.

**23SHEA123A** \$85 M 3/6/23 DH-C/9, 7-9:30PM, 2.5 hrs 1 session

**23SHEA123B** \$85 TU 4/11/23 DH-C/9, 7-9:30PM 2.5 hrs 1 session,

**23SHEA123C** \$85 W 5/10/23 DH-C/9, 7-9:30PM, 2.5 hrs 1 session

**23SHEA123D** \$85 TH 6/1/23 DH-C/9, 7-9:30PM, 2.5 hrs 1 session

## AMERICAN HEART ASSOCIATION (AHA) BASIC LIFE SUPPORT

Trains participants to recognize life-threatening emergencies, give high quality chest compressions, deliver appropriate ventilations and provide early use of an AED. In this instructor-led course, students participate in simulated clinical scenarios and learning stations. Work with an AHA BLS Instructor to complete BLS skills practice and skills testing as well as a written exam. Successful completion of this class will lead to two-year certification. THIS CLASS MEETS REQUIREMENTS FOR HEALTHCARE PROVIDERS.

**23SHEA126A** \$109, M 3/20/23 DH-C/LCR 6-9:30PM 3.5 hrs 1 session,

**23SHEA126B** \$109, TU 4/25/23 DH-C/LCR, 6-9:30PM 3.5 hrs 1 session,

**23SHEA126C** \$109, W 5/24/23 DH-C/9 6-9:30PM 3.5 hrs 1 session

**23SHEA126D** \$109, TH 6/22/23 DH-C/9 6-9:30PM 3.5 hrs 1 session

## AMERICAN HEART ASSOCIATION (AHA) HEARTSAVER CPR/AED

Heartsaver CPR AED is a video-based course that teaches adult and child CPR and AED use, infant CPR, and how to relieve choking in adults, children,

and infants. Learn skills with the AHA's research-proven practice-while-watching technique, which allows instructors to observe the students, provide feedback, and guide the students' learning of skills. This course is for anyone with limited or no medical training who needs a course completion card in CPR and AED use to meet job, regulatory, or other requirements. Certification is valid for two years. THIS COURSE WILL NOT MEET REQUIREMENTS FOR HEALTHCARE PROVIDERS.

**23SHEA124A** \$85 M 3/27/23 CH-C/9 7-9:30PM, 2.5 hrs 1 session,

**23SHEA124B** \$85 W 4/26/23 DH-C/9 7-9:30PM, 2.5 hrs 1 session

**23SHEA124C** \$85 W 5/31/23 DH-C/9 7-9:30PM 2.5 hrs 1 session

## ECSI (EMERGENCY CARE & SAFETY INSTITUTE) SPORTS FIRST AID & INJURY PREVENTION-NYS COACHES

Learn to administer basic first aid to sick and injured athletes as well as ways to prevent illnesses and injuries from occurring. This class meets NYS Department of Education first aid requirement for coaching. Completion leads to two-year certification.

**23SHEA122A** \$109 M 2/27/23 DH-C/LCR 6:30-9:30PM 3 hrs 1 session

**23SHEA122B** \$109 TU 3/28/23 DH-C/LCR 6:30-9:30PM 3 hrs 1 session

## ECSI (EMERGENCY CARE & SAFETY INSTITUTE) PET FIRST AID & DISASTER RESPONSE

Pet First Aid & Disaster response is designed to help pet owners provide temporary urgent care to pets until they can reach a veterinarian or emergency clinic. This course covers injury prevention and disaster preparedness, personal safety precautions to help pet owners identify and minimize risks as well as a wide array of pet emergencies including bleeding, cardiac arrest, choking, trauma and more. Optional two-year certification and coursebook is available for an additional \$35, payable to Have Dummy Will Travel.

**23SHEA125A** \$69 TH 3/30/23 DH-C/LCR 6-9:30PM 3.5hrs 1 session

**23SHEA125B** \$69 TH 5/30/23 DH-C/LCR 6-9:30PM 3.5hrs 1 session



# MUSIC & VOICE ARTS



## ACOUSTIC GUITAR WORKSHOP

Looking for a relaxed environment to continue learning while you play? Hone your guitar skills with other like-minded people in a highly supportive workshop atmosphere. This class will focus on standard guitar repertoire, improvisation, reading, basic music theory and performing with others. Beginners welcome but some knowledge of basic guitar helpful.

**23SMUS117A** \$199 TU 3/7/23-6/20/23 DH-C/LCR 6-8PM 24 hrs 12 sessions

## LEAD GUITAR WORKSHOP

Learn to improvise and work with the pentatonic scales, blues scales, chromatic scales, major and minor modes and arpeggios. Opportunities to learn one-on-one and jam. Beginners welcome but some knowledge of basic guitar helpful. No prior knowledge of improvisation necessary. Open to both electric and acoustic players. Electric players are required to bring their own small practice amp to class.

**23SMUS120A** \$199 TU 3/7/23-6/20/23 DH-C/LCR 8-10PM 24 hrs 12 sessions

## MUSIC THEORY

Delve into the inner workings of music. Learn how music is created and structured. Whether you read notes or play by ear, this introduction to music theory will expand your music skills. We will cover major and minor scales, the circle of fifths, key signatures, chord theory, basic ear training, intervals, chords of the key and modal concepts.

**23SMUS206A** \$199 TH 3/9/23-6/15/23 DH-C/11 6-8PM 24 hrs 12 sessions

## SONG WRITERS WORKSHOP

Are you an aspiring songwriter? Take this introductory workshop. You will focus on musical structure, chord progressions, melody writing, use of musical motifs and lyric writing. *Prerequisite: some knowledge of piano or guitar.*

**23SMUS207A** \$139 TH 3/9/23-6/15/23 DH-C/11 8-10PM 24 hrs 12 sessions

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**23SSP1103A** \$49

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Learn more: [voicesforall.com](http://voicesforall.com) Students must have internet access and video chatting capabilities 1 session.

## COMING FALL 2023: RECOVERY COACH

*NOTE: These classes can be taken by CASAC (Credentialed Alcohol and Substance Abuse Counselor) and CPS (Credentialed Prevention Specialist), & for re-credentialing and continuing education credits.*

Prepare to work in the addiction and mental health field as a Recovery Coach who helps people along the path of recovery before, during, after or instead of treatment. Recovery Coaches do not provide clinical help or dispense medication. They work with the recoveree, as a solo coach or part of a team. Help patients engage with treatment and develop the various skills needed for recovery.

This class fulfills the 60-hour educational requirements set forth by NYS and the Office of Alcoholism and Substance Abuse Services (OASAS) to become a NYS-certified Addiction Recovery Coach or Recovery Peer Advocate. Class includes extensive preparation for the certification exam. Instructor will provide information pertaining to exam testing

locations and the application process. Class has eight modules.

Upon successful completion of each module you will receive a Healthspan.US certificate and information to receive your CCAR Certificate (Connecticut Community for Addiction Recovery) which you will need to file your NYS application.

Curriculum includes the role of recovery coaches in the recovery process, core values and guiding principles of recovery, the stages of recovery, wellness planning, ethics and guidelines for making ethical decisions, as well as spirituality. The course covers the history, concepts and varieties of Medically Assisted Treatment (MAT) that may be used during recovery pathways that include a medication component. No prerequisites.

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