

WESTERN SUFFOLK BOCES



ADULT EDUCATION



Explore

WHAT'S NEW



FALL '22 COURSE CATALOG

Explore

CHECK OUT THE CLASSES
LISTED IN THIS CATALOG
AND CHOOSE THE ONES
YOU WANT TO ATTEND

Register

AT REGISTER.WILSONTECH.ORG
OR CALL 631-667-6000 X320



Enjoy

AND THINK ABOUT HAVING
A FRIEND JOIN YOU!

PLEASE NOTE:

Courses are open to adults 18 years and older. You are officially enrolled as soon as your payment is confirmed by Western Suffolk BOCES, either in person, over the phone or online and you receive a confirmation.

FALL 2022 ADULT EDUCATION CALENDAR

SEPT. 12	FIRST DAY OF FALL CLASSES
SEPT. 20	NO CLASSES
SEPT. 26-27	NO CLASSES
OCT. 4-5	NO CLASSES
OCT. 10	NO CLASSES
NOV. 8	NO CLASSES
NOV. 11	NO CLASSES
NOV. 15	NO CLASSES
NOV. 23-25	NO CLASSES
DEC. 1	NO CLASSES
DEC. 26-JAN 2	NO CLASSES
JAN. 16	NO CLASSES
FEB. 20-24	NO CLASSES
FEB. 28	FALL SEMESTER ENDS

School Closings Due to Weather: Adult classes will NOT be held when classes at Wilson Tech and Western Suffolk BOCES are closed due to weather or other emergencies. These announcements will be posted to the following: wilsontech.org - wsbores.org - Newsday.com - News12 Long Island

Or call 631-667-6000 ext. 888

ALL CLASSES AT WILSON TECH DIX HILLS (UNLESS OTHERWISE INDICATED)

17 WESTMINSTER AVENUE
DIX HILLS, NY 11746

HOW TO REACH US:

631-667-6000 X320

Email: adulted@wsbores.org

Visit: register.wilsontech.org

NON-DISCRIMINATION NOTICE

Western Suffolk BOCES does not discriminate or permit discrimination in admission or access to its educational programs or activities or in recruitment or employment on the basis of an individual's race, color, national origin, ethnic origin, disability, age, sex or gender (including sexual orientation, gender identity, gender expression, pregnancy and parental status) and BOCES is prohibited by law, including by Title IX of the Education Amendments of 1972 ("Title IX") and 34 C.F.R. Part 106, from doing so. BOCES provides equal access to the Boy Scouts and other designated youth groups. Those intending to file a grievance with BOCES due to alleged discrimination must follow the procedure in the relevant Board policy, which are available at: <https://www.wsbores.org/policies>. Inquiries concerning BOCES' non-discrimination policies, including Title IX inquiries, may be directed to: BOCES' Title IX Coordinator and Section 504 Coordinator, Dr. Hugh Gigante, who may be contacted at 507 Deer Park Rd., PO Box 8007, Huntington Station, NY 11746-9007; or (631)-549-4900, ext. 204; or by email at hgigante@wsbores.org. Inquiries may also be directed to: U.S. Department of Education, Office for Civil Rights (New York Office), 32 Old Slip, 26th Floor, New York, NY 10005-2500; or by phone 646-428-3900; or by fax 646-428-3843; or TDD 800-877-8339; or by email OCR.NewYork@ed.gov; or file form at <http://www2.ed.gov/about/offices/list/ocr/complaintintro.html>.



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CONSTRUCTION & RELATED TRADES

BLUEPRINT READING

Course emphasizes commercial construction and includes discussions on scale, dimensioning, topography, two- and three-dimensional drawings, construction materials, cost estimating and building science basics. Lessons discuss construction drawing organization and the differences between site, architectural, structural, mechanical and electrical drawings as they relate to the complete building. Textbook additional.

23FCN101A \$515 TU 11/1/22-12/7/22
DH-C/222 6:30-10PM 42hrs 12 sessions

HOME REMODELING

Learn basic residential construction and remodeling with emphasis on wall construction, framing, door and window installation, molding installations, drywall and taping, metal framing, stairs, rafters, and roofing.

23FCN114A \$499 W 9/14/22-12/14/22
DH-D/Carp 6-9:30PM 42hrs 12 sessions

CABINETRY- INTRODUCTION

Learn to lay out and build custom cabinets using various materials and methods of joinery; use a track saw, router and table saw; make jigs; and learn how to choose the proper tools and blades required for each material. Also covers shelving, hinges, hardware and cabinets assembly using readily available materials. Tape measure and safety glasses required.

23FCN156A \$499. TH 10/6/22-1/12/23
DH-D/CARP 6:30-10PM 42hrs 12 sessions



GAS BURNER SYSTEMS – INTRODUCTION

Learn to service gas systems. This introductory course will focus on the gas system, gas water heaters, pilots and millivolts, spark ignition and hot surface ignition. Reference materials provided.

23FHVC102A \$609 M 9/12/22-12/12/22
DH-D/D6 6:30-10PM 42hrs 12 sessions

OIL BURNER SERVICE I

Learn to install, troubleshoot, repair and service oil burners and tanks including fuel piping. Study basic electricity of oil heating, schematic and wiring diagrams, and the test instruments to diagnose and repair residential burners. Lecture/hands on. Textbook additional (wilsontech.org/bookstore).

23FHVC103A \$609 TU 9/13/22-1/10/23
DH-D/Plumb 6:30-10PM 42hrs 12 sessions

OIL BURNER SERVICE II

In-depth study of oil burner controls and wiring. Learn to troubleshoot and repair residential oil burner controls for oil heating as well as hydronic and steam heating. Learn to use test equipment to set up oil burners for proper combustion and efficiency. Review troubleshooting oil burners and terminology. Textbook from Oil Burner Service I. (wilsontech.org/bookstore). Lecture/hands on.

Prerequisite: Oil Burner Service I.

23FHVC104A \$555 W 9/14/22-12/14/22
DH-D/Plumb 6:30-10PM 42hrs 12 sessions

REFRIGERATION/ AIR CONDITIONING I

Study basic refrigeration cycle, heat energy, system components, an introduction to basic electricity, schematic diagrams, and use of test instruments. Textbook and workbook additional (wilsontech.org/bookstore).

23FHVC105B \$759 M 9/12/22-12/12/22
DH-D/HVAC 6:30-10PM 42hrs 12 sessions

REFUND POLICY

Refund Policy for Part-time Programs

1. If we cancel a course, all your fees are totally refunded.
2. If you cannot attend a class that has been rescheduled to a time or place other than advertised, you are entitled to a full refund.
3. If you withdraw from a class before the first scheduled class meeting, a full tuition refund, less a withdrawal fee of \$25, will be made after the withdrawal* is requested in writing.
4. If you withdraw after the first scheduled class meeting but before the

second class meeting, one-half of the tuition, less a withdrawal fee of \$25, will be refunded after withdrawal* is requested in writing.

NOTE: No refunds for any dance or fitness class after the first class begins.

5. All extra costs, such as books or equipment that were not included in tuition price, are not subject to refund.
6. We are unable to provide refunds for requests received after the second scheduled class meeting. Waivers may be granted only under extenuating circumstances which must be detailed in writing within five days of your last day

of attendance. If a waiver is granted, it must be used within one calendar year. Decisions to grant waivers are the prerogative of the WS BOCES administrator whose decision is final.

7. Any overpayment accepted will be totally refunded.
8. There is a \$25 fee for all returned checks.
9. Payments made with a credit card will receive refund credit on their credit card, however, any refund made after 120 days will be issued by WS BOCES check regardless of how tuition was paid.

NOTE: Every effort is made to provide a timely refund. Processing of refunds may take 45 days after your first scheduled day of class. Our programs are supported entirely by student tuitions. No discounts can be provided.

**The date of withdrawal is the date/time your request is received at WS BOCES.*

To review all Western Suffolk BOCES policies, visit wsboces.org/policies.

CONSTRUCTION & RELATED TRADES



ELECTRICAL INSTALLATION I

Learn basic electrical theory, use of hand tools, materials, proper installation of switches, receptacles and lighting fixtures, special purpose receptacles and applications needed to apply for an entry-level electrical helper and/or apprentice job. Combination lecture/shop class. Most classes are 30-40-minute lessons followed by hands-on shop work. Students must purchase hand tools from list provided on the first night of class, (approx. \$100). Textbook additional.

23FELE112A \$815 W 9/21/22-1/18/23

DH-D/5 6:30-10PM 52hrs 15 sessions

23FELE112B \$815 M 10/17/22-2/13/23

DH-D/5 6:30-10PM 52hrs 15 sessions

ELECTRICAL INSTALLATION II

A continuation of Electrical Installation I with emphasis on commercial and industrial systems and problems. Students may purchase additional hand tools from a list provided by the instructor the first night of class (approx. \$50).

Prerequisite: Electrical Installation I. Textbook additional.

23FELE103A \$675 TU 10/11/22-1/10/23

DH-D/5 6:30-10PM 42hrs 12 sessions

ELECTRICAL MOTOR CONTROL

Theory and practical application, wiring diagrams for a wide variety of motor installations and controls. Gain a better understanding of drawing line diagrams and become proficient in reading and understanding the logic concepts behind them. Learn different testing and troubleshooting techniques. Two textbooks additional.

23FELE114A \$495 M 10/17/22-1/23/23

DH-D/5 6:30-10PM 42hrs 12 sessions

MOTOR CONTROL - PROGRAMMABLE LOGIC CONTROLLERS (PLC) - ADVANCED

Advanced class for experienced electrician with knowledge of motor controls and Windows for PC. Review timers, counters, assembling a PLC with switches and lights, programming software on a PC and learn to program a PLC. Ideal for traffic controllers or maintenance electricians.

Prerequisite: Electric Motor Control or relevant trade experience.

23FELE106A \$815 TH 10/20/22-1/26/23

DH-C/10 6:30-10PM 42hrs 12 sessions

REFRIGERATION/AIR CONDITIONING II

In this lecture class (limited hands-on), learn commercial-systems controls, heat loads and piping, the fundamentals of air conditioning systems, heating and humidifying. Instruction in specialized classroom and shop. Prerequisite: Refrigeration/Air Conditioning I. Textbook from Refrigeration/Air Conditioning I. (wilsontech.org/bookstore).

23FHVC106B \$759 TU 9/13/22-1/3/23

DH-D/HVAC 6:30-10PM 42hrs 12 sessions

REFRIGERANT TRANSITION AND RECOVERY CERTIFICATION REVIEW AND EXAM

Includes six-hour review course and admission fee to the three-hour RTRC exam. Review basic concepts in refrigerant chemistry and oils and their applications, as well as ozone depletion, the Montreal Protocol, relevant legislation and regulations, recovery recycling and reclamation, storage, handling and transporting refrigerants.

23FHVC108A \$325 W 1/4/23-1/18/23

DH-D/HVAC 6-9PM 9hrs 3 sessions

REFRIGERANT TRANSITION AND RECOVERY CERTIFICATION EXAM ONLY

23FHVC109A \$135 TU 1/18/23

DH-D/HVAC 6-9PM 3hrs 1 session

PLUMBING I - INTRODUCTION

You'll learn the proper use of common plumbing tools, equipment, plumbing theory, terminology, and how to do small repairs. Textbook additional (wilsontech.org/bookstore).

23FPLU105A \$529 TH 9/15/22-12/15/22

DH-D/Plumb 6:30-9:30PM 42hrs
12 sessions

CONSTRUCTION & RELATED TRADES



WELDING

COMPREHENSIVE WELDING-BASIC

If you've never welded before and are interested in this field, this comprehensive class is the perfect place to start! Become familiar through hands-on experience with Arc, Tig, Mig Oxy Fuel, and plasma cutting. Guided by master instructors, gain a better understanding of welding. This class is for a true beginner who has not welded before. *You must bring a welding helmet, jacket and proper footwear for the first class.* Complete list online at wilsontech.org.

23FWEL111A \$489 W 9/14/22-10/26/22

DH-C/WELD 6:30-10PM 21 hrs 6 sessions

23FWEL111B \$489. W 11/2/22-12/14/22

DH-C/WELD 6:30-10PM 21hrs 6 sessions

ELECTRICAL ARC WELDING I

Learn the practical application of weldments in various positions, theories of electricity, welding circuits, current controls, and types of electrodes. *Students must provide gloves, goggles/helmet.*

23FWEL101A \$949 TH 9/15/22-12/15/22

DH-C/Weld 6:30-10PM 42 hrs 12 sessions

ELECTRICAL ARC WELDING II

A continuation of Electrical Arc Welding I. Students provide gloves, goggles and helmet. This class fills up quickly - register early to ensure a seat in this class.

23FWEL102A \$949 M 9/12/22-12/12/22

DH-C/Weld 6:30-10PM 42 hrs 12 sessions

HELIARC (TIG) I

Learn theory and practical applications of heliarc welding and positions and properties of metals. *Students must bring their own gloves, goggles*

and a helmet.

23FWEL108A \$949 TH 9/15/22-12/15/22

DH-C/Weld 6:30-10PM 42 hrs 12 sessions

HELIARC (TIG) II

Continue where Tig I left off. Establish an electric arc and properly deposit tack welds using GTAW process. Demonstrate an ability to weld a root pass with the proper melt through on inside of pipe using GTAW process. Practice all of these methods on 2G, 5G, and 6G positions.

23FWEL109A \$949 M 9/12/22-12/12/22

DH-C/Weld 6:30-10PM 42 hrs 12 sessions

OXYACETYLENE WELDING/MIG WELDING

Develop skill and knowledge in using oxyacetylene welding and brazing equipment. The course covers welding safety, brazing, and cutting. Students will develop skills and knowledge in the gas metal arc welding (MIG) process. Covers safety, proper machine use, welding using solid and flux cored wires. *Students must purchase their own equipment prior to the first night of class.* (wilsontech.org/supplies) (Approx. \$150)

23FWEL112A \$949 TU 10/11/22-1/17/23

DH-C/WELD 6:30-10PM 42 hrs 12 sessions

COMING SPRING 2023

METAL TRADE ESSENTIALS

Are you interested in the metal trade? Learn basic maintenance and fabrication safely and efficiently for a manufacturing environment. Class covers how to design, build and quote a project, how to read and understand blueprints and work with milling machines, lathes, drill presses, shears, metal brake, grinders as well as numerous types of welding and cutting equipment. Work on real repairs and create custom fabricated parts to aid in the repair process. If you want to work with metal as a career or even as a hobby, this class will prepare you for a variety of opportunities in the manufacturing industry.

Prerequisite: Electrical Arc Welding I or equivalent experience.

Spring 2023

CONSTRUCTION & RELATED TRADES



WELDING EXAMS

Western Suffolk BOCES offers four welding exams. Call 631-667-6000, x320 to register separately for the specific exam.
DH-C/Weld.

WELDING CERTIFICATION EXAM ONLY

Exams are held at DH-C/Weld

■ PLATES TESTS

23FWEL207A 3G VERTICAL UP \$398

23FWEL207B 4G OVERHEAD \$398

■ PIPE TEST

23FWEL207C 6G TIG ROOT \$596

23FWEL207D 6G (60/10) \$596



LANDSCAPE DESIGN

Learn everything you need to know to tackle that part of your yard that needs attention. Topics will include site selection and preparation, developing your design, plant selection, installation and maintenance. Perfect for homeowners or landscapers expanding their skills. Students will be able to draw a landscape plan by the end of the class.

23FLDD101A \$269 TH 11/3/22-1/26/23 DH-E/AdvArt 7-10PM 30hrs 10 sessions

LOCKSMITHING



LOCKSMITHING I

Gain hands-on experience in the lucrative field of locksmithing. Learn basic locksmithing skills such as: re-keying, shimming, picking, and impressioning. Locksmithing tool kit additional, approximately \$300.

23FSEC101A \$675 M 9/12/22-12/12/22 DH-D/D6 6:30-9:30PM 36hrs 12 sessions

LOCKSMITHING II

Student will gain hands-on experience with many popular brands of residential, commercial and industrial lock hardware in use today. Gain experience with safes, automotive locks, Master key systems, and much more. Prerequisite: Introduction to Locksmithing. Textbook additional (wilsontech.org/bookstore).

23FSEC102A \$695 TU 10/11/22-1/10/23 DH-D/D6 6:30-9:30PM 36hrs 12 sessions

AUTO MAINTENANCE & REPAIR

AUTO BODY REPAIR

Learn the fundamentals of metal and damage stress repair. Practice using auto body tools and plastic filling.

23FAUT102A, \$380 TH 9/15/22 – 12/15/22, DH-C/Autobody1
6:30-10PM, 42 hrs 12 sessions

AUTO MECHANICS I

General introduction to automotive cooling; fuel, electrical and ignition systems; tune-ups; drive lines and components; and suspension, steering and brake systems.

23FAUT103A, \$399, M
9/12/22-12/12/22 DH-C/AUTMECH1
6:30-10PM 42 hrs, 12 sessions

AUTO MECHANICS II

Advanced levels of troubleshooting, vehicle servicing, diagnostics, engine mechanical, engine performance, electrical systems, fuel systems, brakes, suspension, steering and alignment.

Prerequisite: Auto Mechanics I or prior experience.

23FAUT104A, \$449, WED, 9/14/22-12/21/22, DH-C/AUTMECH1
6:30-10PM, 42 hrs, 12 sessions



AUTO SERVICE CONSULTANT/ SERVICE WRITER

Gain the knowledge for a career as an Automotive Service Consultant/Service Writer. Develop communication, customer relations, sales, shop operations and repair order (RO) writing skills.

23FAUT110A, \$215 TU/TH, 9/13/22-10/18/22 DH-C/AUTMECHII, 6-9PM, 24 hrs, 8 sessions

23FAUT110B, \$215, TU/TH, 1/3/23-1/26/22, DH-C/AUTMECHII, 6-9PM, 24 hrs, 8 sessions

AUTO BODY REFINISHING

Learn spraying, use of various solvents, surface preparation, and masking. Hands-on instruction in pinstriping and basic painting techniques will be covered. Note: Students are responsible for own paint.

23SAUT101A, \$380 TU 10/11/22-1/17/23 DH-C/AUTOBODY1
6:30-10PM, 42 hrs, 12 sessions

SMALL ENGINE REPAIR

2- OR 4-STROKE

An individualized course of study for the beginner to intermediate mechanic or homeowner. Learn theory and receive hands-on training in diagnosis, troubleshooting, maintenance, and repair of small 2-stroke and 4-stroke air cooled engines common to home use and the landscaping trade. Students should bring a used, 2- or 4-stroke engine to class.

23FSER101A \$345 W 9/14/22-12/14/22
DH-C/AUTOBODY I 6:30-10PM 42 hrs 12 sessions





MARINE SERVICE TECHNICIAN PRE-APPRENTICE PROGRAM

Learn the skills you need to work in the recreational boating industry as a qualified marine technician who can service boats, boat engines and related systems as well as boat yard operations. Wilson Tech's program addresses the rapid advances in marine propulsion technology that now demand a high level of competency and training. Students who successfully complete Wilson Tech's program have the opportunity to apply for 7 credits of advanced standing towards the Maritime Technology A.A.S. Degree Program at Kingsborough Community College and be considered for their NYS Marine Services Technician Apprentice Program. A basic set of hand tools (likely found in most households) as well as multi-meter and basic diagnostic tools are the student's responsibility, approx. \$2,500 for those with no toolbox. Tools can be purchased as needed based on supply list per module at www.wilsontech/marine.

23FMTS300A \$1465 TU/TH 9/13/22-3/2/23 DH-AUTOBODY II 6-9PM 120 hrs (modules I, II & III)

I- ENGINE TECHNOLOGY I: 6 HOURS PER WEEK, 6 WEEKS -36 HOURS

The principles of the internal combustion 2-stroke, 2-cycle and the 4-stroke, 4-cycle gasoline marine engine will be covered. Included are the topics of construction, testing and maintenance of these engines as well the methods of

converting the generated energy into vessel propulsion. Propulsion topics primarily focus on outboards and inboard/outboard drives.

II - LOW VOLTAGE ELECTRICAL SYSTEMS: 6 HOURS WEEK, 6 WEEKS -36 HOURS

The course will focus on Ohm's law, series and parallel circuits, low voltage DC systems, and hull wiring. The student will be able to troubleshoot typical circuits found on modern crafts using the latest test equipment. Students will learn the latest ABYC standards with regard to electrical wiring and systems. Students will be required to pass the various Snap-on Certification Tests.

III - MARINA OPERATIONS: 6 HOURS PER WEEK, 8 WEEKS -48 HOURS

Basic skills required for the daily operation of a full service marina or boatyard will be covered in a two-hour lecture and two hours of laboratory work each week. Each lecture/lab will cover the varied technical aspects of a typical marina including: hand and power tool identification and usage special tools and marina equipment. Laboratory sessions will concentrate upon basic skills needed for actual operation of a typical marina. Certain laboratory sessions will cover Fork/Strap Lift operations and Bottom Painting Apprentice training where standard industry certifications will be earned for successful completion of the training.



MARINE ENGINES & SYSTEMS

This class is designed for boating enthusiasts looking to work on their own boats. Course includes basic operating principles and procedures for tune-ups, water pumps and winterizing procedures. Marine engine technology topics include: working on outboard & inboard engines, stern drive engines and systems.

23FMAR103A \$365 W 9/14/22-12/14/22
DH-C/AUTOBODY II 6-9:30PM 42 hrs 12 sessions

COOKING & BAKING

Instructor will email a list of ingredients prior to class.



CAKES & TORTES

Prepare icing and glazes, learn fun decorating techniques, and how to properly slice and layer cakes.
23FCUL155A \$175 TH 10/27/22-11/17/22, DH/BCULC 6-9PM 12 hrs 4 sessions

CAKE AND CUPCAKE DECORATING I

Create the cakes and cupcakes you see in magazines! Learn basic techniques to decorate beautiful cakes and cupcakes with tools for piping, making flowers and roses and writing messages. Students supply decorating tips.
23FCUL193A \$95 TU 11/1/22-11/29/22 DH-B/CULC 6-9PM, 9 hrs, 3 sessions

CAKE AND CUPCAKE DECORATING II

Learn different tips for flowers, borders, and other decorations; proper decoration of the side of a cake; and writing. Prerequisite: Cake and Cupcake Decorating I*
23FCUL194A \$95 TU 12/6/22-12/20/22 DH-B/CULC 6-9PM, 9 hrs, 3 sessions

CAKE AND CUPCAKE DECORATING III

Class covers how to work with fondant, layers, and how to properly build structures and stability for multiple tier cakes. Prerequisite: Cake and Cupcake Decorating II*
23FCUL195A \$95 TU 1/3/23-1/17/23, DH-B/CULC, 6-9PM, 9 hrs, 3 sessions

FABULOUS FONDANT

Learn to work with this delicious decoration. Prerequisite: Cake and Cupcake Decorating I-III or equivalent experience.
23FCUL202A \$95 TU 1/24/23-2/7/23 DH-B/CULC 6-9PM 9 hrs 3 sessions

PERFECT PASTRIES

Perfect your pastry making with professional techniques.
23FCUL208A \$79 TU 10/11/22-10/18/22 DH-B/CULC 6-9PM 6hrs 2 sessions

FUNDAMENTALS OF BAKING

Serious home bakers and aspiring bakers who wish to master the fundamentals of baking and pastry arts will learn classic methods and techniques including mixing methods and their effects on batters and doughs, how to read and interpret baking formulas and percentages as well as the importance of accurate weighing and measuring.

23FCUL154A \$399 W 10/12/22-12/7/22 DH-B/CULC 6-9PM 24 hrs 8 sessions

CULINARY BASICS I

Covers knife usage, sanitation practices, proper cooking temperatures, baking and roasting.

23FCUL139A \$129 M 9/12/22-10/17/22 DH-B/CULC 6-9PM 12 hrs 4 sessions

CULINARY BASICS II

Learn more about cooking temperatures, sanitization, sautéing, grilling, salads and knife skills.

23FCUL144A \$129 M 10/24/22-11/14/22 DH-B/CULC 6-9PM 12 hrs 4 sessions

CULINARY BASICS III

Sauté, pan-fry, blanch, boil and braise, emulsify and store different foods.
23FCUL145A \$129 M 11/21/22-12/12/22 DH-B/CULC 6-9PM 12hrs 4 sessions



LITTLE NIBBLES

These mini culinary courses are sure to improve your cooking skills as you focus on a few dishes at a time.

No prior cooking experience necessary.

All classes \$39 each, 3hr, 1 session, 6-9PM. All classes meet in DH-B/CULC.

\$39
each!

• ALL THINGS APPLES

23FCUL209A TU 9/13/22

• FALL HARVEST PIES

23FCUL190A TH 9/15/22

• JAMS, JELLIES & PRESERVES

23FCUL178A TH 9/29/22

• HERBS & VERGETABLES

23FCUL189A TH 9/22/22

• HOLIDAY BRUNCH

23FCUL207A TH 12/8/22

• COOKIE JAR

23FCUL192A W 11/30/22

• SOUP'S ON

23FCUL166A TU 10/25/22

• SIMPLE APPETIZERS

23FCUL127A TH 10/20/22

• NO BAKE DESSERTS

23FCUL112A W 12/14/22

• CHICKEN CLASSICS

23FCUL188A TH 12/15/22

COOKING & BAKING

** Instructor will email a list of ingredients prior to class.*



CULINARY BASICS IV

Learn several cooking techniques, simple desserts and menu planning for that perfect meal!

23FCUL185B \$129 M 1/9/23-2/6/23
DH-B/CULC 6-9PM 12hrs 4 sessions

BASIC SAUCES

Learn to make delicious sauces using various techniques. From traditional to non-traditional and gluten free too!

23FCUL184A \$95 W 9/14/22-9/28/22
DH-B/CULC 6-9PM, 9 hrs, 3 sessions

ASIAN FUSION

Blend various Asian styles of cooking to create a culinary delight.

23FCUL121A, \$79 TH 10/6/22-10/13/22
DH-B/CULC 6-9PM, 6 hrs 2 SESSIONS

LATIN/MEXICAN CUISINE

Learn how to use authentic Latin American/ Mexican ingredients and techniques to spice up your next meal.

23FCUL146A \$79 W 2/1/23-2/8/23
DH-B/CULC 6-9PM 6hrs 2 sessions

Note: All classes listed below meet in DH-B/CULA.

ALL ABOUT THE SIDES

23FCUL215A \$79 M 11/7/22 &
11/14/22 6-9PM, 6 hrs, 2 sessions
23FCUL215B \$79 T 12/6/22 &
12/13/22 6-9PM 6 hrs, 2 sessions

SOUPS, STEWS AND SALADS

23FCUL213 \$79 Th 9/15/22 & 9/22/22
6-9PM, 6 hrs, 2 sessions

NOSTALGIC ITALIAN SUNDAY DINNER

23FCUL164A \$79 W 11/2/22 &
11/9/22 6-9PM, 6 hrs, 2 sessions

GLUTEN-FREE COOKING

23FCUL141A \$79 M 10/17/22 &
10/24/22 6-9PM, 6 hrs, 2 sessions

BASIC KNIFE SKILLS

23FCUL111A \$65 W 9/14/22 6-9PM,
3 hrs, 1 session
23FCUL111B \$65 W 11/16/22 6-9pm
3 hrs, 1 session

COOKING METHODS: DRY HEAT VS MOIST HEAT

23FCUL216A \$79 Th 10/6/22 &
10/13/22 6-9PM, 6 hrs, 2 sessions

COOKING WITH PLANT-BASED ALTERNATIVES

23FCUL217A \$79 W 9/21/22 &
9/28/22 6-9pm, 6 hrs, 2 sessions
23FCUL217B \$79 T 1/17/23 & 1/24/23
6-9PM, 6 hrs, 2 sessions

GRAB AND GO – MEAL PREP

23FCUL214A \$79 TH 10/20/22 &
10/27/22 6-9PM, 6 hrs, 2 sessions
23FCUL214B \$79 W 1/4/23 & 1/11/23
6-9PM, 6 hrs, 2 sessions

SEWING

NEW!

BEGINNER'S QUILT PIECING CLASS

In this class you will learn the basics of cutting fabric, stitching with a 1/4" seam allowance and piecing rows together. You will learn basic techniques of a 4-patch and flying geese blocks. By the end of the course, you will have a nearly completed wall hanging or table topper. A supply list will be provided the first night of class. Students are encouraged to bring in their own fabric.

23FSEW103A \$249 TH 10/13/22-1/5/23
DH-C225 6-9PM 30 hrs, 10 sessions

SEWING AND ALTERATIONS

In this class you will complete various projects so you become comfortable with sewing and the basic functions of the sewing machine. Learn how to make pillows with a zipper, sew a basic hem on pants, shorten sleeves on jackets and create a skirt out of a pattern. Bring your own portable machine or use Tech's machines.

23FSEW101A \$319 TU 10/11/22-
1/3/23 DH-C/225 6-9PM 30 hrs,
10 sessions



BEAUTY, WELLNESS & FITNESS



INTRO TO AROMATHERAPY FOR PROFESSIONALS

If you are a licensed massage therapist or a related professional looking to enhance your practice with essential oils, this is the start you'll need! Learn the basics of aromatherapy and how you can incorporate essential oils as a service benefiting clients. Demonstrations of different techniques and protocols of aromatherapy and oils will be covered.

23FFIT161A \$49 TU 10/11/22
DH-C/STAFF LOUNGE 6:30-9:30PM
3 hrs 1 session

23FFIT161B \$49 TU 1/10/23
DH-C/STAFF LOUNGE 6:30-9:30PM
3 hrs 1 session

ESSENTIAL OILS FOR PERSONAL HEALTHCARE

Learn how to use essential oils for personal well-being. You will have the option to make your own personal essential oil mixture to take home. \$20 supply fee payable to instructor. Exact cash or money order only.

23FFIT162A \$95 TU 11/22/22-11/29/22
DH-C/STAFF LOUNGE 6:30-9:30PM
6 hrs 2 sessions

23FFIT162B \$95 TU 1/31/23-2/7/23
DH-C/STAFF LOUNGE 6:30-9:30PM
6 hrs 2 sessions

NATURAL SKINCARE

Learn how the essential oils from plants, flowers and herbs can help keep your skin healthy and radiant. You will have the opportunity to make your own skin ointment and face mask. \$15 supply fee payable to instructor. Exact cash or money order only.

23FFIT165A \$49 TU 10/18/22
DH-C/STAFF LOUNGE 6:30-9:30PM
3 hrs 1 session

23FFIT165B \$49 TU 12/6/22
DH-C/STAFF LOUNGE 6:30-9:30PM
3 hrs 1 session

ESSENTIAL OILS FOR PAIN RELIEF

Learn how the therapeutic properties of essential oils may help relieve muscle spasms, reduce inflammation and alleviate nerve, muscle and joint pain. Bring your favorite unscented lotion or carrier oil to class. You will have the option to make your own ointment to take home. \$15 supply fee payable to instructor. Exact cash or money order only.

23FFIT163A \$49 TU 11/1/22 DH-C/STAFF LOUNGE 6:30-9:30PM 3 hrs 1 session
23FFIT163B \$49 TU 1/17/23
DH-C/STAFF LOUNGE 6:30-9:30PM
3 hrs 1 session



REGISTER TODAY



ESSENTIAL OILS FOR THE HOME

This class shows how to use aromatherapy and essential oils throughout the home for gardening, insect control, laundry, cleaning, air fresheners and minor first aid. You will have the option to make your own bleach alternative that you can take home and use. \$15 supply fee payable to instructor. Exact cash or money order only. Please bring a clean empty laundry soap container or other large clean bottle.

23FFIT164A \$49 TU 10/25/22
DH-C/STAFF LOUNGE 6:30-9:30PM 3 hrs 1 session
23FFIT164B \$49 TU 1/24/23
DH-C/STAFF LOUNGE 6:30-9:30PM 3 hrs 1 session

BEAUTY, WELLNESS & FITNESS



PERSONAL TRAINER

Prepare to take the Personal Trainer Certification exam from the International Sports Sciences Association (ISSA). Learn basic exercise science, nutrition, fitness assessment, exercise programming,

instructional and spotting techniques. Study anatomy, kinesiology, injury prevention, supplementation and nutrition and all aspects of weight and strength training as you prepare for employment as a personal trainer in a gym or fitness center or as a consultant for your own business. You'll gain firsthand experience in Tech's fitness center where you'll learn to apply your coursework to health and fitness programming on state-of-the-art exercise equipment. Certification exam administered by ISSA; CPR required for certification (included in tuition). Textbook included.

23FMED111A \$1130 TU/TH 9/13/22-11/17/22 REP / 123 6-9PM 44 hrs 15 sessions

23FMED111B \$1130 TU/TH 11/22/22-1/24/23 REP / 123 6-9PM 44 hrs 15 sessions

* This class will be held at Wilson Tech, 7200 Republic Airport, Farmingdale

CHI GONG

Practice the ancient meditative movements of Chi (energy) Gong (cultivation). Improve coordination, stamina, strength, balance, and clarity. Enhance your breathing and general wellness. The low-impact exercises and sets are fluid, easy to learn and considered non-strenuous. Wear loose clothing and sneakers and bring water.

23FFIT120A \$69 W 9/14/22-11/9/22 DH-A/Gym 6-7PM, 8 hrs 8 sessions

23FFIT120B \$69 W 11/30/22-1/25/23 DH-A/Gym 6-7PM, 8 hrs, 8 sessions

Information of Interest:

HS DIPLOMA: A high school diploma is not required for most of our evening classes, but we will help you get yours if you're interested. To start work toward your High School Equivalency Diploma, call our Career Center at 631-667-6000, x327.

TAX INCENTIVES: The Taxpayer Relief Act of 1997 created the Lifetime Learning Credit, an incentive to help offset the cost of continuing education. Families who meet the criteria can claim a credit equal to 20% of \$5,000 of eligible educational expenses each tax year. For further information, contact your tax advisor.

ADDITIONAL COSTS: Some courses require students to purchase textbooks, personal protective equipment or tools, supplies or ingredients. The course descriptions indicate any additional costs or requirements.

TRANSCRIPTS/CERTIFICATES: There is a \$5 fee for duplicate copies of certificates and transcripts. Visit wilsontech.org/transcript for more information.

VETERANS BENEFITS: Veterans may qualify for complimentary GI Bill® training at Western Suffolk BOCES/Wilson Tech through the U.S. Dept. of Veteran Affairs. Contact your local Veterans' representative or call 631-261-3600 x314 to speak with our veterans' advisor. Find more information about VA education benefits at benefits.va.gov/gibill

SPECIAL NEEDS: Adult students with special needs may contact the Career Center prior to registration at 631-667-6000, x152 to discuss possible accommodations. All our facilities are wheelchair accessible. Please see wsboces.org/accommodation for forms and specific guidelines for accommodations.

MEDICAL DISCLAIMER: You should consult your physician/healthcare provider before beginning any fitness/dance program to determine if it is right for your needs, particularly if you (or your family) have a history of high blood pressure or heart disease; you have ever experienced chest pain when exercising; you have experienced chest pain in the past month when not engaged in physical activity; you smoke; you have high cholesterol; you are obese; and/or you have a bone or joint problem that could be made worse by a change in physical activity. Do not start any fitness/dance program if your physician/healthcare provider advises against it.

YOGA

Relax and enjoy moving through various yoga poses to tone your body while increasing your energy and improving your physical, mental and spiritual well-being. For men and women of all ages. Bring a yoga mat and wear loose clothing.

23FFIT104A \$69 TU 10/11/22-12/6/22

DH-A/Gym 6-7PM 8hrs 8 sessions

23FFIT104B \$69 TU 12/20/22-2/14/23

DH-A/GYM 6-7:00PM 8hrs 8 sessions

MEDITATION

Reduce your stress and tension through meditation. Explore techniques that you can employ every day to decompress, stay centered and avoid burn out. No experience with meditation is necessary. Bring a mat, towel and water. A small pillow is recommended if you prefer to lie down during meditation. Dress in loose, comfortable clothes.

23FFIT160A \$69 TH 9/22/22-11/10/22

DH-A/Gym 6-7PM 8hrs 8 sessions

23FFIT160B \$69 TH 12/8/22-2/2/23

DH-A/Gym 6-7PM 8hrs 8 sessions

PILATES

In this Pilates class, you will sculpt long, lean muscles and define your core by doing a combination of standing and sitting exercises that incorporate the principles of breathing, control, and posture. Proper form and technique will be demonstrated along with modifications so that all can participate. Bring a yoga mat and a bottle of water.

23FFIT100A \$69 W 9/14/22-11/9/22

DH-A Gym 7:15-8:15PM 8hrs 8 sessions

23FFIT100B \$69 W 11/16/22-1/18/23

DH-A Gym 7:15-8:15PM 8hrs 8 sessions



NEW!

DANCING FOR CONNECTION: FOX TROT, WALTZ, RUMBA - INTRO

Learn the fundamentals of these graceful dances for your next party. Singles and couples welcome.

23FDAN112A \$69 M 9/12/22-11/14/22

DH-B/WILSRM 7-8PM 8hrs 8 sessions

23FDAN112B \$69 M 11/21/22-1/30/23

DH-B/WILSRM 7-8PM 8hrs 8 sessions

NEW!

LATIN BASICS: SALSA, MERENGUE, BACHATA, CHA CHA - INTRO

Learn the basic steps of these fast-paced dances! Singles and couples welcome.

23FDAN111A \$69 M 9/12/22-11/14/22

DH-B/WILSRM 8-9PM 8hrs 8 sessions

23FDAN111B \$69 M 11/21/22-1/30/23

DH-B/WILSRM 8-9PM 8hrs 8 sessions

NEW!

PRACTICE CLASS - LATIN/ RHYTHM/SLOW DANCING

Gain confidence and improve your fundamental skills. Singles and couples welcome.

23FDAN113A \$69 W 9/14/22-11/9/22

DH-B/WILSRM 7-8PM 8hrs 8 sessions

23FDAN113B \$69 W 11/30/22-1/25/23

DH-B/WILSRM 7-8PM 8hrs 8 sessions

NEW!

SPECIAL EVENT/WEDDING DANCING

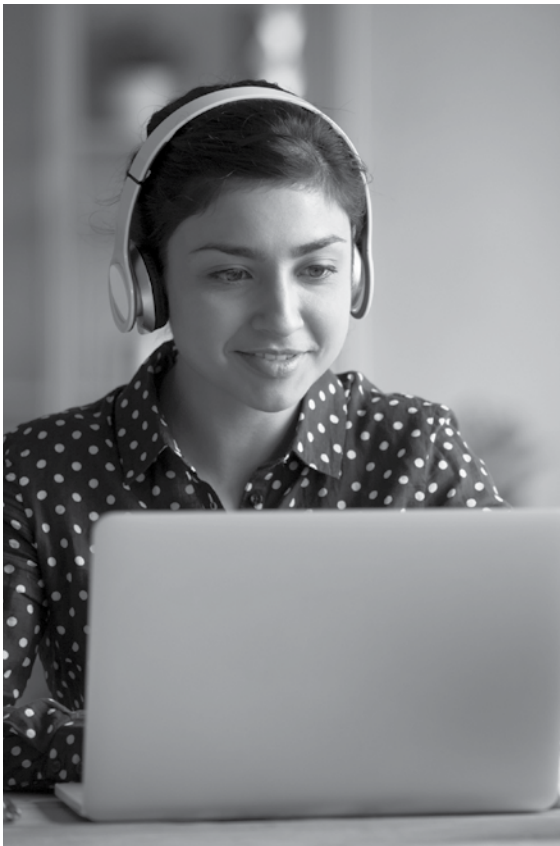
Wow your friends with the Merengue, Swing and Hustle at your next big event! Singles and couples welcome.

23FDAN114A \$69 W 9/14/22-11/9/22

DH-B/WILSRM 8-9PM 8hrs 8 sessions

23FDAN114B \$69 W 11/30/22-1/25/23

DH-B/WILSRM 8-9PM 8hrs 8 sessions



WESTERN SUFFOLK BOCES HOME STUDY PROGRAMS:

HIGH SCHOOL EQUIVALENCY & ENGLISH AS A SECOND LANGUAGE

Studying at home has never been easier!

This convenient option is NO COST to qualifying students.

- Prepare for GED exam OR improve *English Skills
- Must be 21 or older
- Programs run year round
- Lessons are personalized by a certified instructor based on needs
- Bi-weekly assignments requiring 12 hours of study time
- Work at your own pace!
- Pick up work at many convenient locations including your local library
- May use past Regents exams and TASC exam subtests if participating in High School Equivalency program.

*Please note: A minimum score is required for entry into the Home Study ESL Program

For more information call 631-667-6000 x470



ADOBE LIGHTROOM CLASSIC & CLOUD FOR BEGINNERS

Learn how to use Lightroom to import and organize your photos. Edit and enhance photos and develop a workflow for your photography.

23FMGA165A, \$59 W 9/21/22-9/28/22
DH-C/18 6:30-9:30PM, 6 hrs, 2 sessions
23FMGA165B, \$59 M 11/14/22-11/21/22
DH-C/18, 6:30-9:30PM, 6 hrs, 2 session

DECIPHERING YOUR DSLR 101

Become familiar with the basics of your digital camera. Class covers exposure, shooting modes and basic camera settings.

23FMGA163B \$29 TU 12/6/22
DH-C/18 6:30-9:30PM 3hrs 1 session
23FMGA163C \$29 W 2/1/23
DH-C/16 6:30-9:30PM 3 hrs 1 session

DECIPHERING YOUR DIGITAL CAMERA AND LENS 102

Class picks up where 101 leaves off. Expand your knowledge to include memory cards, wide angle and telephoto lens controls/aperture settings and more! Bring your camera!

23FMGA164B \$29 TU 12/13/22
DH-C/18 6:30-9:30PM 3hrs 1 session
23FMGA164C \$29 W 2/8/23
DH-C/16 6:30-9:30PM 3hrs 1 session

IMPROVE YOUR COMPOSITION

Looking for ways to better compose your portraits? This class covers how to use lens perspectives to improve your

composition. Find your focus and use the light for those stunning compositions.

23FMGA168A \$29 M 9/19/22
DH-C/18 6:30-9:30PM 3hrs 1 session
23FMGA168B \$29 TU 11/1/22
DH-C/16 6:30-9:30PM 3hrs 1 session

MACRO PHOTOGRAPHY

Explore the amazing world of Macro Photography. Learn how to make your lens a Macro lens. Use extension tube, focus rails and lighting. Don't know how to use focus stacking? It's covered!

23FMGA166A \$29 M 10/3/22
DH-C/16 6:30-9:30PM 3hrs 1 session

NIGHT PHOTOGRAPHY

Learn how to capture great photos at night and shoot the night sky, city scape, night portraits and the moon. Proper setup and use of a tri-pod, taking photos with long exposures and painting with light will also be covered.

23FMGA172A \$29 M 11/7/22
DH-C/16 6:30-9:30PM 3hrs 1 session

3-WEEK BOOTCAMP

Beginner course that will introduce the basic concepts of digital photography with a DSLR. No prior photography knowledge is required. The three-week course focuses on exposure, apertures, shutter speeds, white balance, ISO, file size and type. Composition and post processing techniques will be introduced.

23FMGA174A, \$85, M 10/17/22-10/31/22, 6-9PM, DH-C/11, 9hrs, 3 sessions

PHOTOSHOP - I

Learn the power of Photoshop to take photos to the next level. Covers tools, layout, layers and plug-ins. Students will have access to a computer with Photoshop for an interactive learning experience.

23FMGA175A \$59 TU 10/18/22 & 10/25/22
DH-C/10 6:30-9:30PM 6 hrs 2 sessions
23FMGA175B \$59 M 12/5/22 & 12/12/22
DH-C/10 6:30-9:30PM 6hrs 2 sessions

PHOTOSHOP II

Picks up where Photoshop I leaves off. Further explore tools, layout layers, plug-ins and more! Students will have access to a computer with Photoshop for an interactive learning experience.

23FMGA176A \$59 W 11/30/22-12/7/22
DH-C/10 6:30-9:30PM 6 hrs 2 sessions

SPORTS PHOTOGRAPHY

Master shutter speeds to capture those hard-to-get action shots. How to properly use the focus system, when to add flash, and using telephoto lenses will also be covered.

23FMGA167A \$29 TU 1/10/23
DH-C/9 6:30-9:30PM 3hrs 1 session
23FMGA167B \$29 W 2/15/23
DH-C/9 6:30-9:30PM 3hrs 1 session

VIDEO FOR DSLR - INTRO

Confused about how to use your DSLR to shoot video? Learn the best settings and techniques to get the most out of your equipment. Class will cover how to post and process your videos and create movies.

23FMGA169A \$29 W 11/9/22
DH-C/18 6:30-9:30PM 3hrs 1 session
23FMGA169B \$29 W 1/11/23
DH-C/16 6:30-9:30PM 3hrs 1 session

STUDIO LIGHTING BASICS

Overview of the studio and available lighting tools and techniques. Class covers multiple lights set-up and how to use a light meter. Color correction and basic posing techniques covered to get that perfect studio shot.

23FMGA171A \$29 W 10/26/22
DH-E/PHOTO 6:30-9:30PM 3hrs 1 session
23FMGA171B \$29 M 2/13/23
DH-E/PHOTO 6:30-9:30PM 3hrs 1 session

COMPUTER TECHNOLOGY



QUICKBOOKS 2018 LEVEL I

First time QuickBooks users will learn the basic features of this business software, including working with lists and bank accounts using other accounts, entering sales and invoices, receiving payments, entering and paying bills. Textbook additional (wilsontech.org/bookstore).

23FCOM130A \$405 TH 9/29/22-11/17/22 DH-C/202 6-9PM
24 hrs 8 sessions

QUICKBOOKS 2018 LEVEL II

Learn to analyze financial data, set up inventory, track and pay sales tax, run payroll, track time, customize forms and write a QuickBooks letter. Prerequisite: QuickBooks 2018, Level I. Required textbooks from QuickBooks 2018-Level 1. Textbook additional (wilsontech.org/bookstore).

23FCOM131A \$469. TH 12/8/22-1/26/23 DH-C/202 6-10PM
24 hrs 7 sessions

AUTOCAD - BEGINNER

Hands-on introduction to 2D AutoCAD drawing and the 3D capabilities of the architectural desktop add-on. Learn beginning skills and commands to use this computer-aided drawing software used in manufacturing and architecture. Optional lab time will be available one hour before each class for students to complete work for class projects.

23FCAD101A, \$769 TU/TH, 9/13/22-11/1/22, DH-C/18, 6:30-10PM, 42 hrs
12 sessions

23FCAD101B, \$769 W/M, 1/4/23-2/15/23
DH-C/18, 6:30-10PM, 42 hrs 12 sessions

AUTOCAD AND 3D MODELING -INTERMEDIATE

A continuation of AutoCAD 1 with the addition of 3D modeling. Create and use a template with customized settings and title blocks to produce complete drawings. Prerequisite: Ability to use the AutoCAD commands introduced in AutoCAD 1. Optional lab time will be available one hour before class.

23FCAD103A, \$385, TH/TU, 11/3/22-11/29/22, DH-C/18, 6:00-9:30PM, 21 hrs
6 sessions

23FCAD103B, \$385 M/W, 12/5/22-12/21/22, DH-C/18, 6-9:30PM, 21 hrs
6 sessions

23FCAD103C, \$385 TU/TH, 1/17/23-2/2/23, DH-C/18, 6-9:30PM, 21 hrs
6 sessions

COMPUTER ELECTRONICS/ CONSTRUCTION

Learn to build, install, upgrade and repair personal computer hardware and operating systems. Topics include personal computer hardware; Windows XP, Windows Vista, Windows 7, Windows 8, and Linux operating systems installation; maintenance and file sharing; removal of malicious software; basic networking; remote desktop access; and computer security. Other topics may be added based on current trends. Textbook additional (wilsontech.org/bookstore).

23FCOM120A \$599 M 9/12/22-12/12/22
DH-C/223 6:30-10PM 42 hrs 12 sessions



ICLASSES

Classes designed for beginner users of iPhones and iPads that cover how to set up a new device, download apps, browse the web, take pictures, get music, and access the cloud. Bring your iPhone/iPad to class.

All classes held at DH-C/224
6:30-9:30PM, 3 hrs

• iPhone/iPad I

23FCOM156A \$29 M 10/3/22

• iPhone/iPad II

23FCOM157A \$29 M 10/17/22

• iPhone/iPad III

23FCOM158A \$29 M 10/24/22

• iPhone/iPad IV

23FCOM157B \$29 M 10/31/22

A+ CERTIFICATION PREP PART 1: HARDWARE

Prepare for the hardware portions of CompTia's A+ exams. Prerequisites: Computer Electronics/Construction or equivalent knowledge and experience. Textbook additional (wilsontech.org/bookstore).

23FCOM121A, \$599, W, 9/14/22-12/14/22
DH-C/223, 6:30-10PM, 42 hrs, 12 sessions



**Register
NOW!**

COMPUTER TECHNOLOGY -

COMPUTER TECHNOLOGY I

Workshop for first-time computer users, starting with how to turn on your computer. Slow-paced instruction using Windows7.

23FCOM132A \$155 M 9/12/22-10/24/22
DH-C/224 6-9PM 15hrs 5 sessions

COMPUTER TECHNOLOGY II

Covers creating an email account, using email and exploring the internet. Prerequisite: Computer Tech I or equivalent.

23FCOM133A \$155 M 10/31/22-11/28/22
DH-C/224 6-9PM 15hrs 5 sessions

COMPUTER TECHNOLOGY III

Learn more about Windows 7, online research and computer purchasing. Prerequisite: Computer Tech I and II or equivalent.

23FCOM134A \$155 M 12/5/22-1/23/23
DH-C/224 6-9PM 15hrs 5 sessions

COMPUTER TECHNOLOGY IV

In this self-paced class, practice, ask more in-depth questions and reinforce what you've already learned.

23FCOM152A \$155 M 1/30/23-3/6/23
DH-C/224 6-9PM 15hrs 5 sessions

CREATE YOUR WEBSITE WITH WORDPRESS

Learn the basics of the Wordpress Dashboard. Manage your content through posts, pages and links. Customize your site with one of the many themes that Wordpress has to offer. Include media such as images, videos and sound clips.

23FMGA150A \$129 W 10/12/22 & 10/19/22
DH-C/224 7-10PM 6hrs 2 sessions

SIGN LANGUAGE -



AMERICAN SIGN LANGUAGE - LEVEL I

Learn to communicate in American Sign Language – the third most used language in the US. Beginner, comprehensive course explores fingerspelling, ASL grammar and syntax, vocabulary, numbers, facial expression, and deaf culture, history and events.

23FLAN102A \$239, M 9/12/22-12/12/22 DH-C/26, 6-8PM, 24 hrs, 12 sessions

AMERICAN SIGN LANGUAGE - LEVEL II COMING SPRING 23

Build upon the grammar, skills, and vocabulary learned in ASL Level I. Focus on using ASL in continual classroom discussion, art, classifiers, media, and American Sign Language story telling. Students will be taught to implement numbers, facial expression, concepts, receptive skills, asking questions, responding to questions and conversations in sign language. Textbook additional (wilsontech.org/bookstore) Prerequisite for this class is American Sign Language-Level 1. DH-C/26 6-8PM 24hrs 12 sessions Dates TBD

COMING SPRING 2023: RECOVERY COACH

NOTE: These classes can be taken by CASAC (Credentialed Alcohol and Substance Abuse Counselor) and CPS (Credentialed Prevention Specialist), & for re-credentialing and continuing education credits.

Prepare to work in the addiction and mental health field as a Recovery Coach who helps people along the path of recovery before, during, after or instead of treatment. Recovery Coaches do not provide clinical help or dispense medication. They work with the recoveree, as a solo coach or part of a team. Help patients engage with treatment and develop the various skills needed for recovery.

This class fulfills the 60-hour educational requirements set forth by NYS and the Office of Alcoholism and Substance Abuse Services (OASAS) to become a NYS-certified Addiction Recovery Coach or Recovery Peer Advocate. Class includes extensive preparation for the certification exam. Instructor will provide information pertaining to exam testing

locations and the application process. Class has eight modules.

Upon successful completion of each module you will receive a Healthspan.US certificate and information to receive your CCAR Certificate (Connecticut Community for Addiction Recovery) which you will need to file your NYS application.

Curriculum includes the role of recovery coaches in the recovery process, core values and guiding principles of recovery, the stages of recovery, wellness planning, ethics and guidelines for making ethical decisions, as well as spirituality. The course covers the history, concepts and varieties of Medically Assisted Treatment (MAT) that may be used during recovery pathways that include a medication component. No prerequisites

Visit register.wilsontech.org in December for more information and to register.



FACEBOOK / INSTAGRAM / TWITTER / LINKEDIN

All classes are 3 hours, 1 session.

FOR BUSINESS

Business accounts must be created prior to attending all Social Media for Business classes. Learn how Facebook, LinkedIn, Twitter and Instagram can grow and optimize your business and how social media tools can analyze the effectiveness of your strategies.

Introductory Courses: An overview of the specific platforms shows how to tailor the specific social media tool to match business strategies and how to use tools for monitoring trends. Learn from real case studies as you gain hands-on experience.

Intermediate Courses: Develop your social media presence into a powerful brand building-tool and gain a more in-depth understanding of the fundamentals of social media analytics.

■ FACEBOOK FOR BUSINESS-BEGINNER

23FCOM116A \$65 M 12/5/22
DH-C/224 7-10PM

■ TWITTER/LINKEDIN FOR-BUSINESS BEGINNERS

23FCOM118A \$65 M 1/9/23
DH-C/224 7-10PM

■ INSTAGRAM FOR BUSINESS-BEGINNER

23FCOM142A \$65 M 2/6/23
DH-C/224 7-10PM

■ FACEBOOK FOR BUSINESS-INTERMEDIATE

23FCOM117A \$65 M 12/12/22
DH-C/224 7-10PM

■ TWITTER/LINKEDIN FOR-BUSINESS-INTERMEDIATE

23FCOM119A \$65 M 1/23/23
DH-C/224 7-10PM

■ INSTAGRAM FOR BUSINESS-INTERMEDIATE

23FCOM143A \$65 M 2/13/23
DH-C/224 7-10PM

FOR PERSONAL USE

Create a profile on social media and learn how to connect with people and about important settings and privacy.

Introductory Courses: Gain an overview of the specific site and how to set it up for your personal use.

Intermediate Courses: Once you have created your personal page, expand your knowledge of the account settings, how to upload photos, videos and links.

■ INSTAGRAM-BEGINNER

23FCOM145A \$65 W 2/8/23
DH-C/224 7-10PM

■ TWITTER-BEGINNER

23FCOM150A \$65 W 1/4/23
DH-C/224 7-10PM

■ FACEBOOK-BEGINNER

23FCOM144A \$65 W 12/7/22
DH-C/224 7-10PM

■ INSTAGRAM-INTERMEDIATE

23FCOM148A \$65 W 2/15/23
DH-C/224 7-10PM

■ TWITTER-INTERMEDIATE

23FCOM151A \$65 W 1/11/23
DH-C/224 7-10PM

■ FACEBOOK-INTERMEDIATE

23FCOM147A \$65 W 12/14/22
DH-C/224 7-10PM



INFECTION CONTROL

Healthcare providers in New York State are obligated to protect themselves and their patients from disease transmission. Based on the NYS Infection Control Syllabus, this class will show you the clinically accepted methods for preventing the spread of illness between patient and provider, provider and patient, and between patients. Official completion certificates are valid for four years, and meet requirements for RNs, LPNs, and dental professionals.

23FHEA127A \$69 TU 10/18/22

DH-C/9 7-9PM 2hrs 1 session

23FHEA127B \$69 M 11/14/22 DH-C/9

7-9PM 2hrs 1 session

23FHEA127C \$69 W 12/14/22 DH-C/9

7-9PM 2hrs 1 session

23FHEA127D \$69 TH 1/26/23 DH-C/9

7-9PM 2hrs 1 session

AMERICAN HEART ASSOCIATION (AHA) HEART SAVER FIRST AID

Heartsaver First Aid is a video-based course that teaches students critical skills to respond to and manage the first few minutes of an emergency. Students learn the duties and responsibilities of first aid rescuers; first aid actions for medical emergencies, including severe choking, heart attack, and stroke; and skills for handling injury and environmental emergencies, including external bleeding, broken bones and sprains, and bites and stings. This course is for anyone with limited or no medical training who

needs a course completion card in first aid to meet job, regulatory, or other requirements. Certification is valid for two years. THIS COURSE WILL NOT MEET REQUIREMENTS FOR HEALTHCARE PROVIDERS

23FHEA123A, \$85 W 9/14/22

DH-C/9, 7-9:30PM, 2.5 hrs

1 session

23FHEA123B, \$85 M 11/21/22

DH-C/9, 7-9:30PM 2.5 hrs 1 session,

23FHEA123C, \$85 TH 1/12/23

DH-C/9, 7-9:30PM, 2.5 hrs 1 session

AMERICAN HEART ASSOCIATION (AHA) BASIC LIFE SUPPORT

Trains participants to recognize life-threatening emergencies, give high-quality chest compressions, deliver appropriate ventilations and provide early use of an AED. In this instructor-led course, students participate in simulated clinical scenarios and learning stations. Work with an AHA BLS Instructor to complete BLS skills practice and skills testing as well as a written exam. Successful completion of this class will lead to two-year certification. THIS CLASS MEETS REQUIREMENTS FOR HEALTHCARE PROVIDERS

23FHEA126A, \$109, M 10/3/22

DH-C/LCR, 6-9:30PM, 3.5 hrs 1 session,

23FHEA126B, \$109, TU 12/13/22,

DH-C/LCR, 6-9:30PM, 3.5 hrs 1 session,

23FHEA126C, \$109, W 2/1/23

DH-C/9, 6-9:30PM, 3.5 hrs 1 session

AMERICAN HEART ASSOCIATION (AHA) HEARTSAVER CPR/AED

Heartsaver CPR AED is a video-based course that teaches adult and child CPR and AED use, infant CPR, and how to relieve choking in adults, children, and infants. Learn skills with the AHA's research-proven practice-while-watching technique, which allows instructors to observe the students, provide feedback, and guide the students' learning of skills. This course is for anyone with limited or no medical training who needs a course completion card in CPR and AED use to meet job, regulatory, or other requirements. Certification is valid for two years. THIS COURSE WILL NOT MEET REQUIREMENTS FOR HEALTHCARE PROVIDERS

23FHEA124A, \$85, M 9/12/22

DH-C/9, 7-9:30PM, 2.5 hrs 1 session,

23FHEA124B, \$85, W 11/30/22

DH-C/9, 7-9:30PM, 2.5 hrs 1 session

ECSI (EMERGENCY CARE & SAFETY INSTITUTE)

SPORTS FIRST AID & INJURY PREVENTION-NYS COACHES

Learn to administer basic first aid to sick and injured athletes as well as ways to prevent illnesses and injuries from occurring. This class meets NYS Department of Education first aid requirement for coaching. Completion Leads to two-year certification.

23FHEA122A \$109 W 10/19/22

DH-C/LCR 6:30-9:30PM 3 hrs 1 session

ECSI (EMERGENCY CARE & SAFETY INSTITUTE) PET FIRST AID & DISASTER RESPONSE

Pet First Aid & Disaster response is designed to help pet owners provide temporary urgent care to pets until they can reach a veterinarian or emergency clinic. This course covers injury prevention and disaster preparedness, personal safety precautions to help pet owners identify and minimize risks as well as a wide array of pet emergencies including bleeding, cardiac arrest, choking, trauma and more. Optional two-year certification and coursebook is available for an additional \$35, payable to Have Dummy Will Travel.

23FHEA125A \$69 M 1/23/23

DH-C/LCR 6-9:30PM 3.5hrs 1 session

MUSIC & VOICE ARTS



ACOUSTIC GUITAR WORKSHOP

Looking for a relaxed environment to continue learning while you play? Hone your guitar skills with other like-minded people in a highly supportive workshop atmosphere. This class will focus on standard guitar repertoire, improvisation, reading, basic music theory and performing with others. All levels welcome!

23FMUS117A, \$199 TU 9/13/22-1/3/23 DH-C/LCR, 6-8PM, 24 hrs, 12 sessions

LEAD GUITAR WORKSHOP

Learn to improvise and work with the pentatonic scales, blues scales, chromatic scales, major and minor modes and arpeggios. Opportunities to learn one-on-one and jam. Beginners welcome but some knowledge of basic guitar helpful. No prior knowledge of improvisation necessary. Open to both electric and acoustic players. Electric players are required to bring their own small practice amp to class.

23FMUS120A \$199 TU 9/13/22-1/3/23 DH-C/LCR 8-10PM 24hrs 12 sessions

MUSIC THEORY

Delve into the inner workings of music. Learn how music is created and structured. Whether you read notes or play by ear, this introduction to music theory will expand your music skills.

We will cover major and minor scales, the circle of fifths, key signatures, chord theory, basic ear training, intervals, chords of the key and modal concepts.

23FMUS206A \$199 TH 9/15/22-12/15/22
DH-C/LCR 6-8PM 24 hrs 12 sessions

SONG WRITERS WORKSHOP

Are you an aspiring songwriter? Take this introductory workshop. You will focus on musical structure, chord progressions, melody writing, use of musical motifs and lyric writing. Prerequisite: some knowledge of piano or guitar.

23FMUS207A TH 9/15/22-12/15/22
DH-C/LCR 8-10PM 24 hrs 12 sessions

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VETERINARY ASSISTING

Work with domestic animals and learn proper nutrition, correct handling of animals, and identification of common parasites. Review radiographs, prepare surgical equipment, laboratory forms and logs; and cover basic grooming. Field trips will be scheduled for three Sundays. Prerequisite: High School Diploma or a satisfactory score on TABE. Students will be post-tested on the last day of class to assess their skills. Textbook, vocabulary book, and grooming kit are provided. Payment plan available.

23FVET500A \$3259 M/W 9/12/22-2/1/23 HN/201
6-10:30PM 153hrs 34 sessions

This class will be at Wilson Tech Huntington Campus
200 Little Plains Road, Huntington

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Walt Whitman H.S.

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188 Oakwood Rd at McKay, Huntington

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T & Th, 6-9 pm

Huntington High School

Oakwood and McKay Roads
T & Th, 6:30-9:30 pm

Walt Whitman High School

301 West Hills Rd.,
Huntington Station
M & W, 6:30-9:30 pm
(All levels)

The Opening Word■ **Amityville**

555 Albany Ave.,
M-F, 9 am-2 pm (All
levels)

■ **Wyandanch**

1434 Straight Path,
M-F, 9 am-2 pm

■ **Huntington Station**

1450 New York Ave.,
M-F, 9 am-2 pm

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